



S.L. Gimbel Foundation Fund Grant Evaluation Form

Grant Period:
January 1, 2012 through December 31, 2012

Evaluation Due Date:
January 15, 2013

Organization: Friendship Shelter, Inc.

Contact Name: Dawn Price

Title: Executive Director

Phone Number: (949) 494-6928

Grant Period: January 1, 2012 – December 31, 2012

Award Amount: \$20,000

Grant Number:

- Describe the project's key outcomes and results based on your goals and objectives. Provide the number of clients served and other relevant statistics.

Our three primary objectives were: (1) assist homeless men and women in residence to secure a stable income and savings, with the goal of sustainable housing; (2) provide residents with access to services and treatment for improved mental and physical health; and (3) help residents improve life skills, including recovery from substance abuse, so that they might achieve a sense of well-being essential to sustained self-sufficiency.

We have achieved these goals. Through Oct 15, 2012, we have served 83 individuals, with 61% graduating with income, stable housing and – where applicable – sobriety. All residents had access to mental and physical health services; 77% had a comprehensive health assessment by a nurse, 75% had a psychiatric assessment by a psychiatrist, and 20% were assisted in applying for Orange County's Medical Services for the Indigent health insurance. Of those served, 70% were in recovery from drug or alcohol addiction, and in each case those individuals received relapse prevention services as well as ongoing recovery services.

- What were the challenges and obstacles you encountered (if any) in attaining your goals & objectives? How did you overcome and/or address the challenges and obstacles? What were the lessons learned?

Employment continues to be our number one challenge and obstacle. In a high-unemployment environment, individuals with spotty work histories, mental health challenges and – for some – criminal records, achieving a living wage job is especially daunting. We are partnering with a local hospital to explore potential internship programs there, and have begun twice-weekly employment search workshops required by all non-working residents. Nevertheless, employment continues to be the top challenge and solutions remain elusive.

Organizationally, ongoing funding is, of course, a consistent challenge – and for that reason we are particularly grateful to SL Gimbel for this grant.

- Describe any unintended positive outcomes as a result of the efforts supported by this grant.

Beyond our top objectives, we continue to be pleased by the less measurable but clearly obvious results of participation in our program. Even for those who do not gain full "success" by our rigorous standards, we believe all leave our program with the knowledge that they were valued and cared for, and therefore with increased self-esteem and resilience. We consistently see clients who were unsuccessful return to us for services, and we are proud that we are viewed by clients as a safe refuge to which they can return when they are ready.

- Describe the overall effect this grant has had on your organization.

This grant helped provide much-needed program support, further solidifying our financial health so that we could keep the promises we make to clients when they enter our program.

- Tell us a few success stories that made an impact on your organization and/or community as a result of this grant.

"Alice" is a 21 year old female who came to the program after completing rehab and achieving sobriety for the first time. Alice started out working a part time job and saving money. She attended AA meetings, maintained appointments with her case manager and a therapist, and worked hard to reestablish relationships with her family. Alice graduated from the program after six months with \$1850 in savings and a new full time job working as an assistant. She celebrated 10 months of sobriety at the time of her exit and moved into a room for rent close to her work.

"Janine" came to Friendship Shelter after 6 months of living in a tent, homeless, and suffering debilitating mental illness and addiction issues. With Friendship Shelter's help, she accessed needed mental health services, began her recovery from drug addiction, and applied for disability benefits. Today, she is living a stable, sober life in supportive housing and has started volunteering for Friendship Shelter 2 afternoons a week. She also volunteers at the library.

- Provide a financial report on the use of your grant funds (expenditures).

Attached.

- ❖ Please send copies of publicity and other promotional materials.
- ❖ All variances or time extensions must be approved by The Community Foundation's Grant Committee. Please contact us at 951-684-4194, ext. 114 immediately if a variance or extension becomes necessary.

Please return the completed form to:

Celia Cudiamat, Vice President of Grant Programs
3700 Sixth St., Suite 200, Riverside, CA 92501 or fax to 951-684-1911
Or email to: ccudiamat@thecommunityfoundation.net

FRIENDSHIP SHELTER, INC.

S.L. Gimbel Grant Funds - Self Sufficiency Program 1/1/12 – 10/15/12

Line Item Description	Line Item Explanation	Projected Budget	Expenses as of 10/15/12	S.L. Gimbel Foundation Grant
Salaries/Benefits	7.25 FTE SS Project Staff; 1.5 FTE Support Staff	399,855	374,577	20,000
Case Management	Intern Supervision \$8,000 for 9 mos, Summer Intern Stipends \$1,000 x 3 mos.	11,000	6,295	
Client Medical Copays, Transportation	\$4,000 for medical copays; \$1,555 bus passes x 12 mos.	22,660	18,421	
Psychiatric Services	3 hours per week @ \$80/hr, plus insurance	14,780	10,411	
Drug Testing	Drug tests to ensure compliance, \$450 mth	5,400	4,711	
Food and Nutritional Supplements	Supplies for 3 meals a day (supplemented by donations)	16,000	10,305	
House Supplies and Equipment	Paper and cleaning products, equip. replacements based on experience	13,500	8,112	
Land lease, Property Taxes and Utilities	Lease \$70,000 yr; Taxes \$13,300; Utilities \$30,000	113,300	84,692	
Insurance	Allocated Property, Liability Coverage	5,264	6,551	
Maintenance	Repairs to Shelter property	6,300	7,726	
Other: Travel, Office Supplies and Misc	Travel - \$1,650 Supplies - \$9,838	11,488	9,485	
Depreciation	Per audit schedule	70,000	61,670	
TOTALS:		\$689,547	\$602,956	\$20,000



FRIENDSHIP SHELTER

Reaching Out to Rebuild Lives

Our Programs

Friendship Shelter, Inc. [FSI] was incorporated in 1987 to provide year-round shelter and rehabilitation to homeless adults. Today, FSI provides a full complement of rehabilitative services to those most in need and addresses the many interrelated problems of homelessness, including mental and physical health, drug and alcohol addiction, personal responsibility, life skills, education and employment opportunity.

FSI's **Self-Sufficiency Program** employs a comprehensive multi-layered approach to help residents move beyond the causes of homelessness to self-sufficiency. Thirty-two residents at a time live in dormitory-style housing at FSI's facility on South Coast Highway in Laguna Beach. There, they receive all meals, case management, psychiatric, health and dental support services, recovery support services and counseling, all aimed to help overcome the causes of homelessness. Residents are expected to earn an income, save money and participate in their own personal development in order to leave the program with housing and a plan to sustain healthier lives. This program serves 120-140 individuals annually.

Successful graduates may apply to the **Henderson House** in San Clemente, a transitional housing program where 24 residents live for up to one year at a modest rent, and continue to receive support services as they progress along the path to independent mainstream living. At Henderson House, residents participate in **Project READY!**, a HUD-funded program that helps them increase their income through education, job training and employment coaching.

In addition to these core programs, FSI operates the overnight program for the City of Laguna Beach's **Alternative Sleeping Location (ASL)**, a shelter for the chronically homeless. Here, each night, 45 homeless people have a clean safe place to sleep and access to support services. The program, which serves a particularly challenging population, largely because of severe mental health and/or substance abuse issues, has served more than 650 clients since inception, and is funded 100% by the City.

Every night, more than 100 people sleep safe under the care of Friendship Shelter programs. Two thirds of Self-Sufficiency residents and 80 percent of Transitionals Housing residents graduate successfully with a steady income, housing and, where applicable, sustained sobriety. The majority of Friendship Shelter's funding comes from private sources.



FRIENDSHIP SHELTER

Reaching Out to Rebuild Lives

Our Results

By The Numbers...

- In 24 years, nearly 6000 people have resided in Friendship Shelter programs.
- More than 60% achieve steady income, housing and sobriety in Friendship Shelter's flagship Self Sufficiency Program.
- In 2011, the success rate at Henderson House, FSI's transitional housing program, was 94%.
- With the help of Friendship Shelter staff, nearly 50 chronically homeless people have transitioned from life on the street to the City of Laguna Beach's emergency shelter and then in to more rigorous Friendship Shelter programs.

Client Testimonial

Friendship Shelter recently received the e-mail below from a former client. We are proud of the strides our clients take in their personal lives after benefitting from Friendship Shelter programs.

"Thank you so much... I now live with my daughter in our very own house including a dog and fence. I am doing very well and am a manager of a restaurant. Still sober and even go to school football games and all that 'Mom' stuff with my daughter. Far cry from a three prison term drug addicted lost soul that I was was, huh? Please know that if it were not for you, I would not be in the blessed position I am in today. Your program gave me hope when I had none. My case manager gave me faith in getting my daughter back when I had none. My house supervisor was a friend when I needed one. Now I am more than fulfilled in all those areas of my life and then some. I could never thank you all enough for not just believing in me but showing me how to believe in myself. I miss you and love you always ... Christy"

Meet Don. This Friendship Shelter resident is gradually piecing things back together.

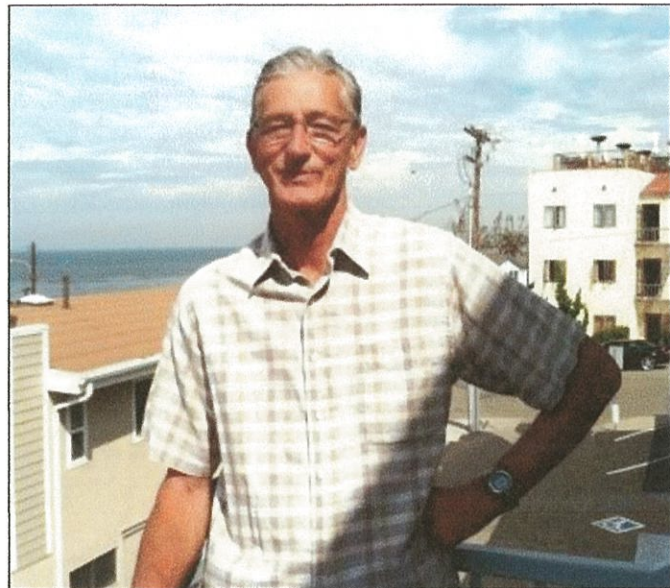
Playing by the rules, carefully planning, saving and doing the right thing most of his life gave Don a loving wife, two boys to carry on his family name, an impressive resume, and a supportive network of friends. "I had everything I had planned for," he says with pride. A few years after realizing many successes he was faced with the trial of difficult change when his wife became seriously ill. "My wife had a malady and I was greatly saddened and frustrated that this was happening to her and to our family."

Friendship Shelter: What has been your greatest struggle in life?

Don: *I would say acceptance to what life deals you. When adversity comes your way you have two choices: look up or look down. I plan on keeping my faith to persevere. Friendship Shelter gives me the chance to heal physically, emotionally, and spiritually.*

After his wife became ill, raising his children, supporting a family on his own, and the loss of his partner, Don's life became unmanageable. After a heavy-hearted submission Don met with a doctor who asked him "Are you depressed?" to which he responded, "You tell me, Doc." His depression spiraled into mood swings, separation from his family, introduction to drugs, several brushes with the law, and a steady decline of his quality of life. "No matter how much you plan for the life you want, sometimes you're not ready for the storms that are waiting. I didn't stand up to what life threw at me. I couldn't hang in there. I was paralyzed and I couldn't pull out. I refused to participate," he says.

Don found himself couch-surfing at friends' houses for months at a time, but there came a point where he felt endangered in the places he was staying. As a former resident of Laguna Beach, Don knew about Friendship Shelter and



called to get on the waiting list. "All the things you've built up all your life and then it can change so fast," he admits.

"Friendship Shelter showed me that there are positive alternatives. There's hope. It reaffirmed my faith in humanity, cliché, but true. For so long I knew all the answers, but I just didn't feel like it. I know now that any obstacles I feed into can quickly become my excuse for my place in life. I'm learning to stop that," Don continues.

FS: What are your goals for the future?

Don: *Obtaining substantial employment...with my criminal background it's a challenge. Many people want to help and hire me, but their hands are tied with insurance companies or other issues. I'd also like to strengthen the bonds with my family.*

FS: What steps towards these goals are you working on currently?

Don: *I've recently reunited with my two sons and I see them more often. I'm cleaning up my record. My probation is over in September and I'm trying to get some charges dismissed. I have five referral letters from solid sources if I need them for a job.*

(continued on reverse side)

Don has a wide variety of experience. His favorite job was working in hotel concierge at the Spa Hotel and Hilton Riviera in Palm Springs. "I just treated everyone with the utmost respect because I didn't know who was who, celebrity or not. I treated everyone with respect because everyone deserves that, no matter who they are." He has traveled all over the world while in the Navy, including India, Nepal, Sri Lanka, and Australia. He worked installing kitchen appliances, in advertising for "Elgas and Associates", in sales for VIDEAD who produced the first video commercial walls in Vegas, formerly owned by his brother, now owned by Steve Wynn. He owned his own business, "Imports from Don", importing semi-precious stones and fresh water pearls from China and Thailand and he was named president of his Homeowner's association in Rancho Santa Margarita, managing a budget over \$1 million. He performed this job so well that he was asked to participate in a news interview on "How To Run A Homeowner's Association".

We're helping Don find a good job that can gain him a sustainable income to move out and live on his own. Don has worked with our volunteer resume expert and has a resume ready to go.

FS: What keeps you motivated?

Don: *My faith and my family. Not to mention, my case manager, Analisa.*

For Don, and a lot of us, restoring hope and moving forward is a conscious and continuous task. It doesn't come without effort, but it is possible and essential to true happiness. At Friendship Shelter we embrace this struggle without the sugar coat. We rely on one another for reminders of our own strength, and potential for regained happiness, hoping to rebuild lives.

FS: If you could thank our supporters what would you say?

Don: *What can you say to people that you don't know who have enabled you to begin to turn your life around? Thank you, Bless you, sometimes words just aren't enough.*



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