

**2017 S.L. Gimbel
Foundation Fund
Holiday Food Program
Grant Application**

**KLEA* *NSW*

Internal Use Only:	
Grant	
No:	

GIMBEL F.F.F. D.
23831

Organization / Agency Information

<i>Organization/Agency Name:</i> Food For Thought		
<i>Physical Address:</i> 6550 Railroad Ave. Forestville, CA 95436		<i>City/State/Zip</i>
<i>Mailing Address:</i> PO Box 1608 Forestville, CA 95436		<i>City/State/Zip</i>
<i>CEO or Director:</i> Mr. Ron Karp, Executive Director		<i>Title:</i>
<i>Phone:</i> (707) 887-1647	<i>Fax:</i>	<i>Email:</i>
<i>Contact Person:</i> Dr. Rachel Gardner, Client Services Manager		<i>Title:</i>
<i>Phone:</i>	<i>Fax:</i>	<i>Email:</i> rachelg@fftfoodbank.org
<i>Web Site Address:</i> http://www.fftfoodbank.org		<i>Tax ID:</i> 68-0181095

Program / Grant Information

<i>Program/Project Name:</i> Comprehensive Nutrition Program			<i>Amount of Grant Requested:</i> \$10000
<i>Total Organization Budget:</i> \$2821933	<i>Per 990, Percentage of Program Service Expenses (Column B / Column A x 100):</i> 80	<i>Per 990, Percentage of Management & General Expenses Only (Column C / Column A x 100):</i> 4.7999999999999998	<i>Per 990, Percentage of Management & General Expenses and Fundraising (Column C+D / Column A x 100):</i> 20
<i>Purpose of Grant Request (one sentence):</i> Food For Thought will provide lifesaving, comprehensive nutrition services to Sonoma County residents affected by HIV or other serious illnesses.			
<i>Gimbel Grants Received: List Year(s) and Award Amount(s)</i> n/a			

Holiday Grant Application

XXI. Organization/Agency Background: State your mission, vision, purpose, and provide a brief history. What are your core programs and activities? How many people do you serve? How many paid staff, full time and part-time? How many volunteers?

Food For Thought's mission is to nourish and serve our community by providing healthy food and compassion to people living with HIV/AIDS and other critical illnesses.

We have always served clients in times of health crises. When Food For Thought (FFT) was founded in 1988, we served clients with AIDS and disabling HIV, most of whom had a very short life expectancy. Over time, we have shifted our focus from providing basic palliative care to providing comprehensive nutrition services with an emphasis on healthy food, vitamins and supplements, cooking classes, and nutrition education and counseling. Over the past 28 years, we have demonstrated that our food distribution model is very effective. In 2014, we expanded our services to serve our neighbors affected by a range of serious illnesses, in time of acute need, and at great risk of malnutrition.

Today, we serve over 750 members of our community affected by HIV and other serious illnesses lifesaving, comprehensive nutrition services, including weekly groceries, prepared meals, vitamins and supplements, congregate meals, and nutrition education. We are engaged in an in-depth study to evaluate the medical and cost savings outcomes of our services.

Through these services, we are addressing our clients' chronic and acute illnesses, increasing their ability to live independent lives, and providing opportunities for positive social interaction.

Our staff is made up of nine full-time and five part-time employees. Volunteers are the key to our success: in the past year, over 600 volunteers contributed more than 29,000 hours of time, the equivalent of 15 full-time staff.

II. Project Information: Describe your food distribution program. Explain the community need including demographics, geographic characteristics of the area or community to be served, community conditions and income level. What are the specific activities of the food program? How do you identify/qualify those in need? How often is the food distribution offered? How many people will be served by the food distribution program (children, youth, adults, seniors)? Please explain how you keep track of number of people served.

FFT will use any funds granted to purchase food at a wholesale rate for 750 low-income clients affected by serious illnesses and at great risk of malnutrition. Clients are accepted on an ongoing basis through referrals from medical providers as well as walk-ins. Each client receives the following:

- Weekly groceries: fresh produce, high-quality protein, healthy grains, vitamins and supplements, and medically tailored meals (enough for 21 meals per week per person)
- Delivery to clients who cannot travel, including homebound/homeless clients
- Individual nutrition counseling and group cooking classes with a registered dietician
- Congregate lunch program

Our program serves Sonoma County residents, whose ethnicities are representative of the area's ethnic demographics. 75% earn under \$18,000 per year, and the majority are seniors, their health needs complicated by factors such as isolation, frailty, and cognitive decline. Many have just lost their homes as a result of the fires that have devastated our community.

The following are our program objectives:

- Clients will increase consumption of fruits and vegetables by 25%

- Clients who attend our lunch program will report reduced feelings of loneliness and isolation by 30%.
- 90% of clients will report being satisfied with FFT's services.
- Of 80 clients participating in our Vital Nutrition Project, 90% will make improvements in food security, diet quality, blood pressure, body mass index, hemoglobin A1c, lipids, and albumin; and will see a 65% decrease in the number of hospital and emergency room visits

Data from clients' grocery forms is recorded into our database weekly. We track every client encounter as well as the amount and type of services provided. FFT staff will implement pre- and post-surveys to measure consumption of fruits and vegetables and feelings of loneliness/isolation. Our partners at West County Health Centers will monitor clinical and cost-savings outcomes.

**2017 S.L. Gimbel Foundation Fund
Holiday Grant Application**

III. Project Budget

Please provide a detailed line-item budget for your project by completing the budget form below. The maximum amount requested is \$10,000. One hundred percent of the request should be for the purchase of food items only. Canned tuna will not be funded. Food items must be delineated (i.e. canned vegetables, soup, pasta, dried beans, rice, etc.). For each food item, indicate the cost per unit (pound, carton, case, etc.) and the quantity.

Line Item	Line Item Description	Requested Amount
Bread	Loaves of bread (800 loaves at \$3.47 per loaf)	\$2776
Cereal	low-sugar, high-fiber breakfast cereal (900 boxes at \$2.49 per box)	\$2238
Fresh vegetables	Clients choose 4 vegetables per week (2,550 units at average price of \$0.59 per unit)	\$1493
Fresh fruit	Clients choose 6 pieces of fruit per week (3,441 units at average price of \$0.39 per unit)	\$1342
Bananas	Clients may have 5 bananas per week in addition to above fruit (40 cases at \$22 per 40-lb case)	\$880
Turkey	8-10 lb frozen turkey (350 turkeys at average price of \$2.49)	\$872
Chicken	Rocky frozen chicken drumsticks (40 packages at average price of \$2.49)	\$400
TOTAL:		\$10000

IV. Administrative Expenses Percentage

This section calculates how much the organization spent for general management, overhead, indirect items as a percentage of the organization's total expenses. The figures are based on your most current 990 form that you submitted, Part IX Statement of Functional Expenses.

Management & general expenses (Column C only)	/Total expenses (Column A)	= Administrative Percentage
\$109,234	\$2,258,742	4.8%

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX ☐

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2 Grants and other assistance to domestic individuals. See Part IV, line 22				
3 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16	48,100.	48,100.		
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees	84,711.	49,909.	4,489.	30,313.
6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	547,726.	322,702.	29,025.	195,999.
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	19,288.	11,363.	1,021.	6,904.
9 Other employee benefits	79,316.	46,728.	4,200.	28,388.
10 Payroll taxes	52,592.	30,984.	2,785.	18,823.
11 Fees for services (non-employees):				
a Management				
b Legal				
c Accounting	49,600.		49,600.	
d Lobbying				
e Professional fundraising services. See Part IV, line 17				
f Investment management fees				
g Other. (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Sch O.)	27,587.	16,385.	4,581.	6,621.
12 Advertising and promotion	432.	229.	15.	188.
13 Office expenses	13,675.	11,615.	385.	1,675.
14 Information technology				
15 Royalties				
16 Occupancy	35,122.	30,105.	1,585.	3,432.
17 Travel				
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings	6,062.	3,510.	1,667.	885.
20 Interest				
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	35,201.	28,161.	1,760.	5,280.
23 Insurance	9,075.	6,187.	2,888.	
24 Other expenses. Itemize expenses not covered above. (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
a Food/Certs donated	736,367.	736,367.		
b Purchased Food	364,128.	364,078.	7.	43.
c Nutritional Support	45,963.	45,963.		
d Printing & Publications	28,413.	6,750.	675.	20,988.
e All other expenses	75,384.	53,028.	4,551.	17,805.
25 Total functional expenses. Add lines 1 through 24e	2,258,742.	1,812,164.	109,234.	337,344.
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation.				

Check here ☐ if following SOP 98-2 (ASC 658-720)

INTERNAL REVENUE SERVICE
DISTRICT DIRECTOR
2 CUPANIA CIRCLE
MONTEREY PARK, CA 91755-7406

DEPARTMENT OF THE TREASURY

Date: MAY 06 1994

FOOD FOR THOUGHT
PO BOX 1357
GUERNEVILLE, CA 95446-1357

Employer Identification Number:
68-0181095
Case Number:
954108008
Contact Person:
TYRONE THOMAS
Contact Telephone Number:
(213) 894-2289
Addendum Applies:
No

Dear Applicant:

Based on the information you recently submitted, we have classified your organization as one that is not a private foundation within the meaning of section 509(a) of the Internal Revenue Code because you are described in sections 509(a)(1) and 170(b)(1)(A)(vi).

Your exempt status under section 501(a) of the Internal Revenue Code as an organization described in 501(c)(3) is still in effect.

This classification is based on the assumption that your operations will continue as you have stated. If your sources of support, or your purposes, character, or method of operation change, please let us know so we can consider the effect of the change on your exempt status and foundation status.

This supersedes our letter dated February 02, 1994.

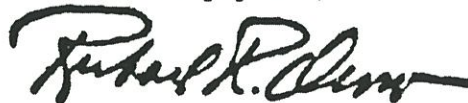
Grantors and contributors may rely on this determination unless the Internal Revenue Service publishes notice to the contrary. However, if you lose your section 509(a)(1) status, a grantor or contributor may not rely on this determination if he or she was in part responsible for, or was aware of, the act or failure to act, or the substantial or material change on the part of the organization that resulted in your loss of such status, or if he or she acquired knowledge that the Internal Revenue Service had given notice that you would no longer be classified as a section 509(a)(1) organization.

If we have indicated in the heading of this letter that an addendum applies, the addendum enclosed is an integral part of this letter.

Because this letter could help resolve any questions about your private foundation status, you should keep it in your permanent records.

If you have any questions, please contact the person whose name and telephone number are shown above.

Sincerely yours,



Richard R. Orosco
District Director

Letter 1078 (DO/CG)

**Food For Thought
List of Board of Directors**

- Diana Laczkowski, President
Human Resources Consultant
- Larry Needleman, Vice President
Owner, Larry Needleman Property Management
- Rodney DeMartini, Secretary
Retired Executive Director of the National Catholic AIDS Network
- Marty Dekay-Bemis
Retired Program Manager, West County Health Centers
- Tom Garigliano
Practice Group Leader, Burr Pilger Mayer
- Misti Harris
Community Engagement Liaison, Sonoma County Sheriff's Office
- Shan Magnuson
Community Benefit/ Contributions Ops Specialist, Kaiser Permanente
- Larry Prager
Retired Small Business Owner
- Mark Short
Retired, Pfizer
- Sandy Younglove
Retired Teacher and Wine Industry Professional

DESCRIPTION	AMOUNT		
Individual Contributions	482,800		
Food Drives	95,000		
Foundation Grants	303,100		
Bequests (non-Endowment)	100,000		
Dividends & Interest	68,000		
less Investment Mgmt Fees	(5,000)		
In-Kind Donations	716,400		
Rent Income	4,920		
Fundraising Income	20,000		
Events Revenue	232,000		
Event Sponsorship	72,000		
Outside Events	35,000		
Ryan White contract	150,000		
ANB Income	5,000		
Store Sales - Donated Items	317,000		
Endowment Income	73,639		
TOTAL INCOME	2,669,859		
Salaries	809,747		
Employee Benefits	134,797		
Payroll Taxes	69,758		
Workers' Comp Insurance	16,789		
Donated Foods	500,000		
Donated Foods via Fd Drives	190,000		
Purchased Foods	554,148		
Prepared Meals	21,600		
Vitamins	26,500		
Donated Supplements	26,400		
Nutritional Supplements	27,360		
Donated Food Certificates	8,000		
Accounting Fee	47,580		
Audit	14,000		
Supplies	22,850		
Telephone	11,060		
Postage	18,250		
Rent	47,800		
Insurance	8,750		
Utilities	23,300		
Furnishings & Equipment	8,750		
Garden Contractor	8,000		
Garden Expense	2,500		
Bldg Maintenance & Repairs	13,300		
Janitorial	6,000		
Equipment Maintenance	5,000		
Printing	31,500		
Equipment Rental	11,420		
Memberships	2,700		
Advertising	13,000		
Bank & Merchant Fees	15,000		
Event Participation Fees	500		
Consulting Fees	48,700		
Program Grants	41,600		
Truck Expense	1,000		
Mileage	3,500		

Travel	4,000		
Conference/Meetings	2,500		
Education & Training	5,300		
Volunteer Recognition	11,000		
Hauling Expense	500		
Property Tax	3,725		
Donor Recognition	3,000		
Miscellaneous Expense	750		
TOTAL EXPENSE	2,821,933		
NET INCOME	(152,074)		