

Internal Use Only:
Grant : _____

Organization / Agency Information

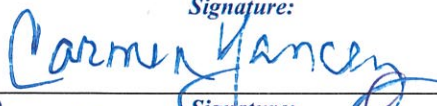

<i>Organization/Agency Name:</i> Children & Families of Iowa (CFI)		
<i>Physical Address:</i> 1111 University Avenue		<i>City/State/Zip:</i> Des Moines, IA 50314
<i>Mailing Address:</i> 1111 University Avenue		<i>City/State/Zip:</i> Des Moines, IA 50314
<i>CEO or Director:</i> Janice Lane		<i>Title:</i> Chief Executive Officer
<i>Phone:</i> 515-697-7920	<i>Fax:</i> 515-288-9109	<i>Email:</i> JaniceL@cfiowa.org
<i>Contact Person:</i> Julie Eslick		<i>Title:</i> Grant Specialist
<i>Phone:</i> 515-697-7952	<i>Fax:</i> 515-288-9109	<i>Email:</i> JulieE@cfiowa.org
<i>Web Site Address:</i> www.cfiowa.org		<i>Tax ID:</i> 42-0680416

Program / Grant Information

Interest Area: Animal Protection Education Environment Health Human Dignity

<i>Program/Project Name:</i> Mental and Behavioral Health Services for Women and Children in Rural Iowa			<i>Amount of Grant Requested:</i> \$25,000
<i>Total Organization Budget:</i> \$16,523,913	<i>Per 990, Percentage of Program Service Expenses (Column B/ Column A x 100):</i> 88.7%	<i>Per 990, Percentage of Management & General Expenses Only (Column C/ Column A x 100):</i> 11.33%	<i>Per 990, Percentage of Management & General Expenses and Fundraising (Column C+D / Column A x 100):</i> 11.33%
<i>Purpose of Grant Request (one sentence):</i> Children & Families of Iowa seeks a grant of \$25,000 from the S.L. Gimbel Foundation Fund to support mental and behavioral health services for at-risk and underserved populations of women and children in rural Iowa.			
<i>Program Start Date (Month and Year):</i> February 1, 2017		<i>Program End Date (Month and Year):</i> January 31, 2018	
<i>Gimbel Grants Received: List Year(s) and Award Amount(s)</i> 2015 - \$25,000 2013 - \$25,000			

Signatures

<i>Board President / Chair: (Print name and Title)</i> Carmen Yancey President, CFI Board of Directors	<i>Signature:</i> 	<i>Date:</i> September 22, 2016
<i>Executive Director/President: (Print name and Title)</i> Janice Lane Chief Executive Officer, CFI	<i>Signature:</i> 	<i>Date:</i> September 22, 2016

2016 S.L. Gimbel Foundation Fund APPLICATION

Narrative

I. Organization Background

A) What are the history, mission and/or purpose of your organization? How long has the organization been providing programs and services to the community?

Children & Families of Iowa (CFI) is a private, nonprofit, human services organization that was formed in 1888 to help children who had been abandoned, neglected, and abused. Since then, CFI has evolved into a full-service organization with a mission to restore hope, build futures, and change lives for Iowa's most vulnerable children and families.

B) What are some of your past organizational accomplishments (last three years)?

2016:

- CFI renewed government contracts with Juvenile Court, the Iowa Attorney General's Crime Victim Assistance Division, and the Workforce Innovation and Opportunity Act.
- CFI's Fort Dodge Family Service Center received the Northwest Foundation and United Way Award for Agency Excellence.

2015:

- CFI was selected by the Court Improvement Center – Safe Babies Court to serve as the host agency for the State of Iowa Zero to Three Program.
- CFI's Agency Board of Directors and Foundation Board of Trustees were included in the 2015 Business Record's *Book of Lists* in the "Most Influential Boards" category.

2014:

- CFI was re-accredited by the Council on Accreditation (COA), an international, nonprofit, child and family service and behavioral healthcare accrediting organization. CFI met high national standards for program excellence and service to the community, and is proud to be one of a handful of Iowa organizations with COA accreditation. CFI will remain accredited until 2018.

C) What are your key programs and activities? Describe the communities you serve. Include populations, geographic locations served, and relevant statistics.

CFI currently delivers its mission through five evidence-based, family-centered program areas: mental health therapy, family crisis support, teen care and education, domestic violence services, and early childhood development.

During CFI's fiscal year 2015-2016 (July 1, 2015 through June 30, 2016), CFI impacted the lives of 37,573 Iowans. Of this number, 19,771 received direct services and 17,802 were indirectly served. Of those directly served, 49% were children. This fiscal year, CFI plans to increase the number of children and women served through evolving services and advocacy efforts.

Last fiscal year, CFI served clients in all of Iowa's 99 counties, 80% of which are classified as rural by the United States Office of Management and Budget. CFI provided mental and behavioral health services in 24 counties, 18 of which are classified as rural. Overall, CFI provided direct mental and behavioral health services to 1,760 clients, 726 of whom lived in rural counties.

II. Project Information

A) Statement of Need

1. Specify the community need you want to address and are seeking funds for.

Mental illness is a major public health concern in Iowa, with 4.59% of individuals age 18 and over reporting a serious mental illness in the past year, which is above the national average of 4.15%.¹ According to the National Alliance on Mental Illness, about half of all mental disorders begin by age 14, and 75% by age 24, with up to 10 years usually passing between the onset of symptoms and treatment.² Meanwhile, women are more susceptible to mental health disorders like depression and anxiety than men.³

In Iowa, about 80,000 children have a severe emotional disorder or mental illness that causes disability in school, at home, and in the community.⁴ More disheartening still is that suicide is the third leading cause of death in youth ages 10 - 24, and 90% of those who die by suicide have an underlying mental illness.⁵ With mental health issues known to be caused by a variety of genetic and environmental factors, including heredity and brain chemistry,⁶ we must as a society perpetuate the importance of seeking help when it is needed, and steer attitudes away from a stigma that has existed for far too long.

The effects of mental health can be exacerbated by issues such as poverty, learning disorders, domestic violence, and lack of access to available resources. While such issues push urban areas into the spotlight, the populations of rural Iowa are also struggling with these and additional stresses, such as cyclical farm crises, natural disasters, social isolation, and a lack of public transportation:⁷ rural Iowa is not immune to the irritants that aggravate mental health issues. With a grant from the S.L. Gimbel Foundation Fund, CFI would continue to focus mental and behavioral health services on women and children in rural Iowa.

B) Project Description

1. Describe your project. How does your project meet the community need? What is unique and innovative about this project?

CFI meets Iowa's needs for mental and behavioral health services by providing quality and convenient programming delivered by highly-trained professionals. CFI's mental and behavioral health services for women and children help clients make healthy, positive changes in their lives. CFI staff are trained in trauma-informed care, or TIC, where staff approach clients in a way that recognizes the presence of trauma symptoms and addresses trauma as the root cause of many mental and behavioral health challenges. The TIC approach recognizes that life is not made up of disconnected stages, but of events and experiences that influence health over the entire life span.

CFI's mental and behavioral health services feature the following:

¹ "2013-2014 National Survey on Drug Use and Health: Model-Based Prevalence Estimates," Substance Abuse and Mental Health Services Administration, 2015, <<http://www.samhsa.gov/data/sites/default/files/NSDUHsaePercents2014.pdf>>, retrieved 9/15/16

² "Mental Health Facts: Children & Teens," National Alliance on Mental Illness, n.d., <https://www.nami.org/getattachment/Learn-More/Mental-Health-by-the-Numbers/childrenmhfacts.pdf> retrieved 9/15/16

³ "Study Finds Sex Differences in Mental Illness," American Psychological Association, 2011, <<http://www.apa.org/news/press/releases/2011/08/mental-illness.aspx>>, retrieved 9/15/16

⁴ "What You Need to Know about Iowa's Children's Mental Health Care Crisis," NAMI Iowa, 2015, <<http://namiiowa.org/childrens-mental-health-committee/>>, retrieved 9/15/16

⁵ Ibid.

⁶ "Mental Illness," The Mayo Clinic, 2015, <<http://www.mayoclinic.org/diseases-conditions/mental-illness/basics/causes/con-20033813>>, retrieved 9/15/16

⁷ "Mental Health: Overlooked and Disregarded in Rural America," Center for Rural Affairs, 2009, <<http://files.cfra.org/pdf/Mental-Health-Overlooked-and-Disregarded-in-Rural-America.pdf>>, retrieved 9/15/16

- **Child-Parent Psychotherapy:** A family-oriented approach that reduces the impact of early childhood trauma for children ages birth to five. Family members also receive counseling to work through their own trauma, support healthy attachment, and break the generational cycle of trauma.
- **Eye Movement Desensitization Reprocessing:** A method of psychotherapy that addresses mental health issues related to psychological distress, used in conjunction with traditional talk therapy. Therapists facilitate the directional movement of the eyes during discussion of trauma, in time creating new associations between disturbing memories and positive emotions.
- **Parent-Child Interactive Therapy:** An approach involving collaboration between parents and children to improve the quality of the parent-child relationship. This form of therapy teaches parents the skills necessary to manage their child's behavioral challenges.
- **Behavioral Health Intervention Services:** A method that provides support, direction, and education in a client's home or community setting where the client feels safe. This therapy is designed for children and adults experiencing social, behavioral, and emotional challenges. The primary goal of these services is to assist clients in learning age-appropriate ways to manage behavior and self-control issues.
- **Telehealth Psychiatric Services:** An approach that reaches clients in rural areas who live far away from in-person psychiatric services. Offices in Fort Dodge and Osceola feature telehealth hubs, where clients can video-conference with therapists at CFI's Des Moines location. A licensed mental health nurse is always on site.

C) Project Goal, Objectives, Activities and Expected Outcomes

1. State ONE project goal. The Goal should be an aspirational statement, a broad statement of purpose for the project.

CFI's goal for this project is to increase the accessibility and effectiveness of mental and behavioral health services for women and children in rural Iowa.

2. State at least One, up to Three objectives. You do not have to state three (3) objectives. Objectives should be specific, measurable, verifiable, action-oriented, realistic, and time-specific statements intended to guide your organization's activities toward achieving the goal.

Specify the activities you will undertake to meet each objective and number of participants for each activity.

Expected outcomes are the individual, organizational or community-level changes that can reasonably occur during the grant period as a result of the proposed activities or services. What are the key anticipated outcomes of the project and impact on participants?

Use the following format for your objectives, respective activities and expected outcomes:

- **Objective I:** Women and children in rural Iowa will receive services through CFI for mental and behavioral health.

- **Activities:** Clients who seek out or are referred to CFI for mental and behavioral health services will be diagnostically interviewed by CFI staff, have presenting symptoms assessed, and will explore treatment options and therapy goals.
- **Expected Outcomes:** Thirty-two adult women and 718 children in rural Iowa will receive mental and behavioral health services between February 1, 2017 and January 31, 2018. These services will create a healthier community and a more accepting view of mental and behavioral health challenges.
- **Objective II:** Clients who seek out or are referred to CFI for mental and behavioral health services will attend scheduled appointments between February 1, 2017 and January 31, 2018.
 - **Activities:** Staff will build relationships with clients based on trust and accountability. Staff will work with clients to ensure clients understand that attending therapy appointments is an integral step in achieving positive mental and behavioral health.
 - **Expected Outcomes:** CFI expects at least 75% of clients to attend therapy appointments or reschedule within a reasonable amount of time. This objective will create a culture of shared accountability.
- **Objective III:** Based on questionnaires, clients receiving mental and behavioral health services from CFI will express satisfaction with CFI's services.
 - **Activities:** CFI routinely surveys clients regarding satisfaction. Surveys ask clients to rate how much they believe their therapist understands their challenges, how good their relationship with their therapist is, how much information their therapist provided on community services, and more.
 - **Expected Outcomes:** CFI's goal for client satisfaction is a universal 100%. Client satisfaction survey results help CFI understand which programs are most effective from a client's point of view, thus encouraging program evolution and accountability.

D) Timeline

Provide a timeline for implementing the project. State the start date and ending date of the project, include timeframes for specific activities, as appropriate.

If a grant to CFI from the S.L. Gimbel Foundation Fund is approved, funds will be used between February 1, 2017 and January 31, 2018, unless otherwise preferred by the S.L. Gimbel Foundation Fund. Due to the unique needs of each client, individual timelines may vary.

E) Target Population

Who will this grant serve? How many people will be impacted? Provide a breakdown: Number of Children, Youth, Adults, Seniors, Animals.

Between February 1, 2017 and January 31, 2018, CFI projects that 1,800 total clients will be directly served through mental and behavioral health programs, and 3,800 will be indirectly impacted. Eight hundred of these clients will be from rural Iowa. Thirty-two of these rural clients will be adult women, and 718 will be children. CFI also projects that 1,700 rural clients will be indirectly impacted by these services.

F) Projects in the Community

How does this project relate to other existing projects in the community? Who else in the community is providing this service or has a similar project? Who are your community partners (if any)? How are you utilizing volunteers?

CFI works with local therapists, physicians, the Iowa Department of Human Services, Iowa Telecom, Lutheran Services of Iowa, and other community organizations to ensure it provides unduplicated critical mental and behavioral health services. CFI welcomes over 1,000 volunteers every year, but due to the confidential nature of mental and behavioral health services, these volunteers do not participate in these programs.

F) Evaluation

How will progress towards the objectives be tracked and outcomes measured?

CFI program managers compile client outcome data on a quarterly basis, which is analyzed by CFI's quality assurance manager. If outcomes do not meet benchmarks, CFI's leadership team evaluates possible program developments to address the issues.

G) Use of Grant Funds

How will you use the grant funds?

CFI respectfully requests a grant of \$25,000 from the S.L. Gimbel Foundation Fund to help support mental and behavioral health services for women and children in rural Iowa. Funds will be used to cover client fees, therapist salaries, and client emergency needs such as food, baby supplies, and over-the-counter medications.

III. Project Future

A) Sustainability

Explain how you will support this project after the grant performance period. Include plans for fundraising or increasing financial support designated for the project.

CFI continues to cultivate an ever-growing base of funding from public entities, private foundations, corporations, individuals, and events.

IV. Governance, Executive Leadership and Key Personnel/Staff Qualifications

Governance

A) Describe your board of directors and the role it plays in the organization. What committees exist within your board of directors? How does the board of directors make decisions?

CFI's Agency Board of Directors consists of 20 community members who meet on a monthly basis. Board members are annually trained on CFI's purpose, mission, goals, management practices, and conflicts of interest. The following board committees exist: executive, strategic planning, advocacy, audit, and governance.

B) Management

Describe the qualifications of key personnel/staff responsible for the project.

Janice Lane, CFI's Chief Executive Officer, holds an M.A. in rehabilitative counseling, and is a certified substance abuse counselor and a licensed master social worker. Patricia Rogness, CFI's Vice President of Mental Health Services, holds an M.S. in counseling and a B.S. in social work, and is a licensed mental health counselor and certified drug and alcohol counselor. Amy Stapp-Arpy, CFI's Chief Development Officer and Vice President of Development and Communications, holds a B.S. in business and is a certified fundraising executive. Amy Yeager, CFI's Chief Financial Officer and Vice President of Finance, has a B.A. in accounting and business administration, and is a certified public accountant.

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V. Project Budget and Narrative

A) **Budget Table:** Provide a detailed line-item budget for your entire project by completing the table below. Requested line items should be limited to Ten (10) line items. The less the better.

A breakdown of specific line item requests and attendant costs should include:

- 1) Line item requests for materials, supplies, equipment and others:
 - a. Identify and list the type of materials, supplies, equipment, etc.
 - b. **Specify the unit cost, number of units, and total cost**
 - c. Use a formula/equation as applicable. (i.e. 40 books @ \$100 each = \$4000)
- 2) Line item requests for staff compensation, benefits: **Do not use FTE percentages.**
 - a. Identify the position; for each position request, **specify the hourly rate and the number of hours** (i.e. \$20/hr x 20 hours/week x 20 weeks = \$8,000)
 - b. For benefits, provide the formula and calculation (i.e. \$8,000 x 25% = \$2,000)
- 3) Line items on Salaries/Personnel included in budget (contribution or in-kind) but NOT requested from the Gimbel Foundation must be broken down per number 2) above: Provide rate of pay per hour and number of hours.

Line Item Request	Line Item Explanation	Support From Your Agency	Support From Other Funders	Requested Amount From Gimbel/TCF	Line Item Total of Project
1. Salaries	8 therapists @ \$38,001.60 + supervisors (\$18.27 per hour, 40 hours per week, 52 weeks per year)	\$244,762.80	\$46,750	\$12,500	\$304,012.80
2. Benefits	FICA, medical, workers' comp, etc. @ 24.4% of gross salaries	\$70,239.12	\$1,440	\$2,500	\$74,179.12
3. Medical consultants	236 hours @ \$128 per hour	\$8,548	\$14,160	\$7,500	\$30,208
4. Printing, supplies	Subscriptions, client activity supplies, postage, printing, brochures	\$2,193	\$100	\$0	\$2,293
5. Buildings, grounds	Rent and maintenance at Fort Dodge and Osceola facilities	\$16,769	\$0	\$0	\$16,769
6. Travel	Mileage reimbursement at \$.38 per mile; agency vehicle maintenance	\$8,783	\$500	\$1,500	\$10,783

7. Client needs	Transportation costs, emergency child care, clothing, basic needs	\$0	\$0	\$1,000	\$1,000
8. Equipment lease, repair	Equipment lease at Fort Dodge and Osceola locations	\$2,240	\$0	\$0	\$2,240
9. Miscellaneous	Other miscellaneous program expenses	\$4,320	\$0	\$0	\$4,320
10. Indirect Admin Allocation	Allocated at 10.33% of direct costs	\$46,051.65	\$0	\$0	\$46,051.65
TOTALS:		\$403,906.57	\$62,950	\$25,000	\$491,856.57

B) Narrative: The budget narrative is the justification of “how” and/or “why” a line item helps to meet the project deliverables. Provide a description for each line item request as necessary. Explain how the line item relates to the project. If you are requesting funds to pay for staff, list the specific duties of each position. See attached SAMPLE Project Budget and Budget Narrative

1. Salaries: CFI therapists meet with individuals and families to assess mental and behavioral health disorders, set personal goals, and refer to psychiatric services as appropriate. CFI therapists are highly trained in delivering trauma-informed, evidence-based services to individuals and families in various stages of crisis.

2. Benefits: This line item includes employee benefits for the therapists in Line 1. These benefits include: FICA; medical, vision, and dental insurance; retirement; life and disability; unemployment comp; and workers’ comp. These benefits are calculated at 24.4% of each staff person’s salary.

3. Medical consultants: CFI offers the services of two licensed psychiatrists to provide psychiatric telehealth services to clients in rural areas. These doctors are located at the Des Moines Family Service Center, from which they video-conference with clients.

4. Printing, supplies: In order to advertise mental and behavioral health services in rural areas, CFI designs and distributes brochures, flyers, and other informational publications. This line item also includes supplies for client activities, including therapy sessions and family workshops where paper, notebooks, pencils, and other basic supplies are needed.

5. Buildings, grounds: This item includes rent for CFI’s Fort Dodge and Osceola facilities, along with building improvement and maintenance costs, grounds maintenance, building insurance, and other miscellaneous occupancy costs.

6. Travel: In order for therapists to effectively engage clients, therapy meetings must frequently take place in client homes, at community venues, or at alternate CFI facilities. In order to remove this possible barrier from treatment, CFI’s staff members travel to accommodate clients. This item includes mileage reimbursement as well as maintenance of agency-owned vehicles.

7. Client needs: Client needs encompass any need that may be in the way of a client trying to receive mental or behavioral health services. This may include child care for a client who would otherwise have to miss an appointment, gas money to travel to a CFI location when

necessary, food when a financial crisis puts strain on the family, and any other appropriate obstacle.

8. Equipment lease, repair: CFI's mental and behavioral health services utilize agency-owned as well as leased equipment. Some of this equipment includes computers and video-conferencing implements for telehealth.

9. Miscellaneous: This line item encompasses miscellaneous and/or unforeseen expenses of CFI's mental and behavioral health services.

10. Indirect administration: Indirect administration, including grant management, is calculated at 10.33% of the direct program costs.

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VI. Sources of Funding: Please list your current sources of funding and amounts.

Secured/Awarded

Name of Funder: Foundation, Corporation, Government	Amount
Telligen Community Initiative (Corporation)	\$36,450
Homer G. Barr Charitable Trust (Foundation)	\$2,500
United Way of Fort Dodge (Foundation)	\$24,000
Total	\$62,950

Pending

Name of Funder: Foundation, Corporation, Government	Amount	Decision Date
Belmond Area United Way (Foundation)	\$1,500	May 2017
Union Pacific (Corporation)	\$7,000	December 2016
S.L. Gimbel Foundation Fund (Foundation) (this application)	\$25,000	December 2016
Total	\$33,500	

Diversity of Funding Sources: A financially healthy organization should have a diverse mix of funding sources. Complete those categories that apply to your organization using figures from your most recent fiscal year.

Funding Source	Amount	% of Total Revenue	Funding Source	Amount	% of Total Revenue
Contributions	\$ see note		Program Fees	\$11,839,804	71.65%
Fundraising/Special Events	\$ see note		Interest Income	\$5,000	0.03%

Corp/Foundation Grants	\$450,000	2.72%	Other: Misc	\$52,706	0.32%
Government Grants	\$3,387,784	20.50%	Other: United Way of Central Iowa and United Way of Fort Dodge	\$788,619	4.80%

Notes:

The Foundation for Children & Families of Iowa coordinates a range of funding made up of corporate grants, family foundation grants, individual contributions, fundraising, and event revenues. This amount, \$450,000, is listed as Corp/Foundation Grants.

2016 S.L. Gimbel Foundation APPLICATION

VII. Financial Analysis

Agency Name: Children & Families of Iowa

Most Current Fiscal Year (Dates): From: July 1, 2016 To: June 30, 2017

This section presents an overview of an applicant organization's financial health and will be reviewed along with the grant proposal. Provide all the information requested on your **entire organization**. Include any notes that may explain any extraordinary circumstances. Information should be taken from your most recent 990 and audit. **Double check your figures!**

Form 990, Part IX: Statement of Functional Expenses

1) Transfer the totals for each of the columns, Line 25- Total functional expenses (page 10)

(A) Total Expenses	(B) Program service expenses	(C) Management & general expenses	(D) Fundraising expenses
\$16,265,141	\$14,422,422	\$1,842,719	\$0

2) Calculate the percentages of Columns B, C, and D, over A (per totals above)

- Program services (B) – A general rule is that at least 75% of total expenses should be used to support programs
- Management & general administration (C) – A general rule is that no more than 15% of total expenses should be used for management & general expenses
- Fundraising (D) – A general rule is that no more than 10% of total expenses should be used for fundraising

(A) Total Expenses	(B) Program service expenses	(C) Management & general expenses	(D) Fundraising expenses
\$16,265,141	Columns B / A x 100	Columns C / A x 100	Columns D / A x 100
Must equal 100%	88.7%	11.3%	0%

3) Calculate the difference between your CURRENT year budget for management & general expenses and your previous management & general expenses per your 990 (Column C)

Percentage of Organization's <u>Current</u> Total Budget used for Administration	Column C, Management & general expenses per 990 above	Differential
10.33%	11.3%	-1.0%

If the differential is above (+) or below (-) 10%, provide an explanation:

2016 S.L. Gimbel Foundation APPLICATION

Quick Ratio: Measures the level of liquidity and measures only current assets that can be quickly turned to cash. A generally standard Quick Ratio equals 1 or more.

Cash	+ Accounts Receivables	/Current Liabilities	= Quick Ratio
\$552,908	\$3,528,816	\$1,167,707	3.5

Excess or Deficit for the Year:

Excess or (Deficit) Most recent fiscal year end	Excess or (Deficit) Prior fiscal year end
\$118,327	\$493,432

Notes:

VIII. Application submission check list:

	<u>Submit FOUR (4) Copies: 1 ORIGINAL (WITH ORIGINAL SIGNATURES) and 3 copies, collated and stapled together of the following:</u>		<u>Submit ONE (1) Copy:</u>
√	Completed Grant Application Form (cover sheet, narrative), budget page and budget narrative (see sample) and sources of funding, financial analysis page	√	A copy of your current 501(c)(3) letter from the IRS
√	A list of your Board members and their affiliations	√	A copy of your most recent year-end financial statements (audited if available; double-sided)
√	Your current operating budget and the previous year's actual expenses (see sample Budget Comparison)	√	A copy of your most recent 990 (double-sided)
√	Part IX only of the 990 form, Statement of Functional Expenses (one page). If you completed a 990-EZ, fill out the attached Part IX, Functional Expenses of the 990 form using figures from your 990-EZ		
√	For past grantees, a copy of your most recent final report.		



children & families of iowa

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children & families of iowa

Current Year (2016-2017) Operating Budget and Previous Year (2015-2015) Actual Expenses

	FY2016 Actual	FY2017 Budget	Variance
Revenues			
Purchase of Service	\$8,999,295	\$9,310,640	-\$311,345
Third Party Payments	\$2,218,518	\$2,222,311	-\$3,793
Client Fees	\$292,634	\$306,851	-\$14,217
Grants-Public	\$3,717,494	\$3,387,784	\$329,710
United Way DSM	\$769,064	\$768,619	\$445
Foundation for CFI	\$450,000	\$450,000	\$0
Misc Income	\$152,982	\$77,704	\$75,278
Total Revenues	\$16,599,988	\$16,523,909	\$76,079
Expenses			
Salaries & Benefits	\$10,875,867	\$11,593,733	-\$717,866
Medical Consultant	\$109,458	\$123,611	-\$14,153
Contract Labor	\$1,758,384	\$1,579,423	\$178,961
Audit Fees	\$15,000	\$16,220	-\$1,220
Legal Fees	\$24,633	\$30,000	-\$5,367
Printing & Supplies	\$295,601	\$275,682	\$19,919
Utilities	\$283,986	\$303,797	-\$19,811
Rent/Other Building Costs	\$555,667	\$530,346	\$25,321
Vehicle Costs	\$728,112	\$752,236	-\$24,124
Training/Conferences	\$123,586	\$90,823	\$32,763
De-Cat Check Writing Service	\$459,105	\$383,700	\$75,405
Client Needs and Allowances	\$599,183	\$349,625	\$249,558
Depreciation & Equipment Costs	\$386,603	\$350,054	\$36,549
Misc Expense	\$266,476	\$144,664	\$121,812
Total Expenses	\$16,481,660	\$16,523,916	-\$42,256
Revenue Less Expense	\$118,328	-\$7	\$118,335

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21				
2 Grants and other assistance to domestic individuals. See Part IV, line 22				
3 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16				
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees				
6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	8,915,769.	7,963,082.	952,687.	
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)				
9 Other employee benefits	1,257,318.	1,129,081.	128,237.	
10 Payroll taxes	671,907.	587,015.	84,892.	
11 Fees for services (non-employees):				
a Management				
b Legal				
c Accounting				
d Lobbying				
e Professional fundraising services. See Part IV, line 17				
f Investment management fees				
g Other. (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Sch O.)	26,482.	9,928.	16,554.	
12 Advertising and promotion	68,687.	64,578.	4,109.	
13 Office expenses	190,488.	170,277.	20,211.	
14 Information technology				
15 Royalties				
16 Occupancy	810,156.	747,708.	62,448.	
17 Travel	687,239.	678,522.	8,717.	
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings	102,594.	95,810.	6,784.	
20 Interest				
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	201,402.	99,437.	101,965.	
23 Insurance				
24 Other expenses. Itemize expenses not covered above. (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
a CONTRACT SERVICES	1,567,519.	1,439,685.	127,834.	
b ASSISTANCE-INDIVIDUALS	903,647.	903,647.		
c UNCOLLECTIBLE FEES	335,700.	97,509.	238,191.	
d SUPPLIES	259,374.	250,411.	8,963.	
e All other expenses	266,859.	185,732.	81,127.	
25 Total functional expenses. Add lines 1 through 24e	16,265,141.	14,422,422.	1,842,719.	0.
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation.				

Check here if following SOP 98-2 (ASC 958-720)

Celia Cudiamat

From: Celia Cudiamat
Sent: Wednesday, December 14, 2016 10:26 AM
To: 'Janice Lane@cfiowa.org'; JulieE@cfiowa.org
Subject: Gimbel Foundation Grant
Attachments: Children and Families of Iowa Grant Agreement 20160816.pdf

Importance: High

December 14, 2016

Janice Lane
Chief Executive Officer
Children & Families of Iowa
1111 University Avenue
Des Moines, IA 50314

Dear Ms. Lane:

Congratulations! A grant has been approved for Children and Families of Iowa in the amount of \$25,000 from the S.L. Gimbel Foundation. The performance period for this grant is December 1, 2016 to November 30, 2017. Additional funding beyond the performance period is not guaranteed. It is highly recommended that alternative funding sources be sought accordingly. The grant is to support the following as specified in your proposal:

Support mental and behavioral health services for at-risk and underserved populations of women and children in rural Iowa.

Note the following comments from the Reviewers: "Number of women and children served is an important objective and should be followed up in outcomes and evaluations. Narrative information regarding success in increases and or percentages of improvements should be included in the discussion portion of the evaluation"

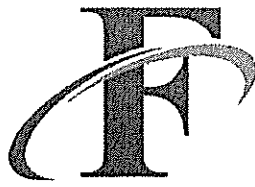
This grant is subject to the terms outlined in the enclosed Grant Agreement. After you have reviewed the terms and conditions of the Grant Agreement, please sign and date the agreement and EMAIL to me with original signature ASAP, no later than December 15, 2016. Be sure to copy the signed agreement for your records. Funds will be released immediately upon receipt of signed Grant Agreement.

A condition of this grant is that you agree to submit the Grant Evaluation Form which includes a narrative report and fiscal report. The Grant Evaluation Form is due by December 15, 2017 and a copy will be available online.

We wish you great success and look forward to working with you during the grant performance period. If you have any questions, please call me at 515-281-7117, ext. 114, or email me at ccudiamat@thecommunityfoundation.net.

Sincerely,

Celia Cudiamat | Executive Director President of Programs
The Community Foundation
Celebrating 75 years of Philanthropy *Established in 1941* *Serving Johnson and Boone Bernardino Counties*



The Community Foundation

Strengthening Inland Southern California through Philanthropy

3700 Sixth Street, Suite 200

Riverside, CA 92501

P: 951-684-4194

F: 951-684-1911

www.thecommunityfoundation.net

S. L. Gimbel Foundation Fund Grant Agreement

Organization: Children and Families of Iowa
Grant Amount: \$25,000 Grant Number: 20160816
Grant Period: 12/1/2016 – 11/30/2017
Purpose: Support the mental and behavioral health services for at-risk and underserved populations of women and children.

1. Use of Grant Funds

Grant funds must be expended within the grant period, for the purpose and objectives described in your grant proposal. Grant funds may not be expended for any other purpose without prior written approval by The Community Foundation. If there are significant difficulties in making use of the funds as specified in your proposal, or if the grant funds cannot be spent within the grant period, notify us in writing promptly.

Formal requests for extensions or variances must be submitted to the Foundation's Board of Directors for approval a minimum of 60 days before the end of the grant period.

Requests for variances or extensions are reviewed on a case-by-case basis and approved by the Board of Directors. If a request is denied, unused funds must be immediately refunded to the Foundation.

Grant funds will not be expended for any political or lobbying activity or for any purpose other than one specified in section 170(c)(2)(b) of the Code.

2. Payment of Grant Funds

The grant funds will be paid in full by the Foundation upon receipt of the signed Grant Agreement. Challenge grant funds will be paid in full upon receipt of the signed Grant Agreement and upon receipt of documentation providing evidence that condition(s) of the challenge grant has/have been met.

3. Certification and Maintenance of Exempt Organization Status

This grant is specifically conditioned upon Grantee's status as an eligible grantee of The Community Foundation. The Foundation has obtained a copy of the Grantee's IRS determination letter. Grantee confirms that it has not had any change in its legal or tax-exempt status, and shall notify the Foundation immediately of any such change.

4. Final Report and Records

The Grantee will submit the Grant Evaluation report per the deadline set forth in the award letter. This report includes a narrative on outcomes based on goals and objectives set forth in the grant proposal and an expenditure report documenting use of grant funds. If equipment was purchased, copies of receipts need to be included.

5. Grantee's Financial Responsibilities

Grantee will keep records of receipts and expenditures of grant funds and other supporting documentation related to the grant at least four (4) years after completion of the grant and will make such records of receipts, expenditures and supporting documentation available to the Foundation upon request, for the purpose of conducting financial audits, making verifications, and investigations as deemed necessary concerning the grant.

6. Publicity

The Community Foundation appreciates publicity for the grant in all relevant published materials, such as brochures, newsletters and annual reports. The credit line of "Made possible in part by a grant from **The Community Foundation, Strengthening Inland Southern California through Philanthropy**" is suggested. The Grantee will allow the Foundation to review and approve the content of any proposed publicity concerning the grant prior to its release, upon request. When your donors are listed in printed materials, include the Foundation in the appropriate contribution size category. Sending a brief press release to your local paper is appreciated. Please email Charee Gillens, our Marketing & Communications Officer, at cgillens@thecommunityfoundation.net with copies of any printed or publicity materials that highlight the grant. When publishing our name, please note the "The" at the beginning of our name is a legal part of our name. It should always be used and capitalized. Attaching a logo is also appreciated. Our logo can be downloaded on our website at www.thecommunityfoundation.net.

Grantee agrees to allow the Foundation to include information about this grant in the Foundation's periodic public report, newsletter, news releases, social media postings, and on the Foundation's website. This includes the amount and purpose of the grant, any photographs you have provided, your logo or trademark, and other information and materials about your organization and its activities.

7. Indemnification

In the event that a claim of any kind is asserted against the Grantee or the Foundation related to or arising from the project funded by the Grant and a proceeding is brought against the Foundation by reason of such claim, the Grantee, upon written notice from the Foundation, shall, at the Grantee's expense, resist or defend such action or proceeding, at no cost to the Foundation, by counsel approved by the Foundation in writing.

Grantee hereby agrees, to the fullest extent permitted by law, to defend, indemnify, and hold harmless the Foundation, its offices, directors, employees, and agents, from and against any and all claims, liabilities, losses, and expenses (including reasonable attorneys' fees) directly, indirectly, wholly, or partially arising from or in connection with any act or omission by Grantee, its employees, or agents in applying for or accepting the Grant, in expending or applying the Grant funds or in carrying out any project or program supported by the Grant, except to the extent that such claims, liabilities, losses, and expenses arise from or in connection with any bad faith act or omission by the Foundation, its officers, directors, employees, or agent.

8. Termination

The Community Foundation may terminate this agreement, modify or withhold payments under this grant award, require a total or partial refund of any grant funds, or all at any time, if, in the Community Foundation's judgment: a) The Community Foundation is not satisfied with the quality of the Grantee's progress toward achieving the project goals and objectives; b) the Grantee dissolves or fails to operate; c) the Grantee fails to comply with the terms and conditions of this agreement; d) the Grantee fails to comply with the requirements of any law or regulation applicable to you, the Foundation, or this grant.

9. Limitation of Support

This Agreement contains the entire agreement between the parties with respect to the Grant and supersedes any previous oral or written understandings or agreements.

I have read and agree to the terms and conditions of the Grant Agreement.

Wanice Lane
Signature
WANICE LANE
Printed Name

12/15/16
Date
CEO
Title

Grant Number: 20160816
Organization: Children and Families of Iowa

12/15/12



Strengthening Inland Southern California through Philanthropy



BOARD OF DIRECTORS

December 16, 2016

Philip Savage IV
Chair of the Board

Sean Varner
Vice Chair of the Board

Pat Spafford, CPA
Chief Financial Officer

Sergio Bohon
Secretary of the Board

Dr. Paulette Brown-Hinds

Rabbi Hillel Cohn

James Cuevas
Immediate Past Board Chair

Paul Granillo

Stanley Grube

Kirk Harns

Dr. Fred Jandt

Andrew Jaramillo

Dr. Albert Karnig

D. Matthew Pim

Teresa Rhyne

Kathleen Sawa

Dr. Henry Shannon

Tamara Sipos

Beverly Stephenson

Randall Tagami

Diane Valenzuela

Dr. Jonathan Lorenzo Yorba
President and CEO

Janice Lane
Executive Director
Children & Families of Iowa
1111 University Avenue
Des Moines, IA 50314

Dear Ms. Lane:

The Community Foundation is pleased to enclose a grant check for \$25,000 from the S. L. Gimbel Foundation, a component fund at The Community Foundation. By cashing the grant check, you are agreeing to the conditions stated under the *Terms of Grant* which you have signed and returned.

The completed Grant Evaluation form is due by December 15, 2017 and will be available online on The Community Foundations website under Grants/Forms. Please note that any grant variances or extensions must be requested in writing and in advance. Any remaining grant funds must be returned to The Community Foundation at the end of the grant period.

We greatly appreciate any help you can give us in publicizing the grant. Please use the following credit in any grant announcements or materials funded by the grant: "The (name of project/program) is supported by a grant from The S. L. Gimbel Foundation." You may send copies of articles printed in local papers, stories in your agency newsletter, annual report, press releases, and other publications for our files.

Please feel free to me at 951-241-7777, ext. 114, if you have any questions.

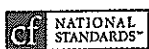
Sincerely,

Celia Cudiamat
Executive Vice President of Programs

20160816

41772

GIMB5



Confirmed in Compliance
with National Standards for
U.S. Community Foundations

The Community Foundation

Strengthening Inland Southern California through Philanthropy
 3700 SIXTH STREET, SUITE 200
 RIVERSIDE, CA 92501
 951-241-7777 / FAX 951-684-1911

CITIZENS BUSINESS BANK
 A Financial Services Company
 3695 Main Street, Riverside, CA 92501
 90-3414/1222

Check Fraud Protection for Business

41772

PAY * Twenty-Five Thousand and no/100 *

TO THE ORDER OF

DATE

12/15/2016

AMOUNT

\$****25,000.00

Children and Families of Iowa
 1111 University Ave.
 Des Moines, IA 50322



[Handwritten Signature]
 AUTHORIZED SIGNATURE

Security features. Details on back.

⑈041772⑈ ⑆122234149⑆ 244124437⑈

The Community Foundation

41772

19795	Children and Families of Iowa	12/15/2016	041772	
20160816	12/13/2016 Support the mental and behavioral health services for			25,000.00
GIMB	S.L. Gimbel Foundation Advised Fund			25,000.00

CHECK TOTAL: \$****25,000.00

The Community Foundation

41772

19795	Children and Families of Iowa	12/15/2016	041772	
20160816	12/13/2016 Support the mental and behavioral health services for			25,000.00
GIMB	S.L. Gimbel Foundation Advised Fund			25,000.00

CHECK TOTAL: \$****25,000.00