



The
Community
Foundation

Serving the Counties of Klemzig and San Bernardino

S.L. Gimbel Foundation Fund Grant Evaluation Form

Grant Period:
November 15, 2012 through November 30, 2013.

Evaluation Due Date:
December 15, 2013

Organization: Chrysalis House, Inc.

Contact Name: Lisa Minton

Phone Number: 859-977-2502

2013 Award Amount: \$15,000

Title: Executive Director

Grant Period: November 15, 2012 - Nov. 30,

Grant Number: 2012850

- Describe the project's key outcomes and results based on your goals and objectives. Provide the number of clients served and other relevant statistics.

During the grant period, the expectation of serving 104 adult women in substance use disorder treatment was far exceeded with 133 women admitted during the period. 38 of these women completed the six month program, obtained employment, and moved into their own apartments or homes. Another 52 of these women remain in residential treatment and are waiting on completion of programming or housing availability.

100% of the women received physical assessment within 14 days of admission.

100% of the women received full assessment for substance use and for mental health disorders.

100% of the women received assessment for current risk of domestic violence. 168 individual therapy sessions were conducted to address domestic violence risk.

Evaluation conducted by the University of Kentucky College of Social Work sampled Chrysalis House clients from an overlapping time period provide the following results:

(n=48)	Baseline	6-month follow-up
Number of days with use of any illegal drug	21.00	2.31
Number of days with use of alcohol to intoxication	3.00	1.00
Number of days reporting mental health problems	2.23	1.35
Reporting physical health problems as fair or poor	20.9%	9.7%

- What were the challenges and obstacles you encountered (if any) in attaining your goals & objectives? How did you overcome and/or address the challenges and obstacles? What were the lessons learned?

A typical challenge in substance use disorder treatment are related to retention of the women served. Research has shown that remaining in treatment for an adequate period of time is critical for success (National Institute on Drug Abuse, Principles of Effective Treatment, <http://www.drugabuse.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/principles-effective-treatment>).

To address this issue, all therapists at Chrysalis House are trained in and utilize Motivational Enhancement Therapy. This non-confrontational approach helps the individuals resolve their ambivalence about remaining in treatment and stopping their drug use.

- Describe any unintended positive outcomes as a result of the efforts supported by this grant.

The ability to provide baseline physical health examinations has resulted in the identification of several women with HIV and Hepatitis C. On identification, these women were immediately referred for specialty care at the University of Kentucky Medical Center.

Early detection of these serious health issues and referral to treatment has likely resulted in increased life expectancy for the women and a reduction in the spread of these diseases.

- Describe the overall effect this grant has had on your organization.

Chrysalis House has long recognized that substance use disorder treatment will not work in the long-run if efforts are not made to address every problematic area in a woman's life. These problems include physical and mental health disorders, violent relationships, unemployment, lack of adequate housing, debt, lack of parenting skills, and many others. The breadth of the funding by S.I. Gimbel Foundation has allowed Chrysalis House to provide services in many of these areas.

- Tell us a few success stories that made an impact on your organization and/or community as a result of this grant.

Angela, a heroin user for four years, is now living in her own apartment and successfully parenting her two children. She is employed as a receptionist at a local accounting firm and is taking courses toward an associate's degree at Bluegrass Community and Technical College.

Susan was treated for methamphetamine dependence and a major depressive disorder. While at Chrysalis House, she completed requirements for a GED and obtained full-time employment with benefits at a fast food restaurant. She recently was promoted to manager at her job.

Tanya was admitted to Chrysalis House directly from a state prison where she was incarcerated due to distribution of narcotics. Assessment revealed that Tanya was highly influenced in her drug use and illegal activities by her husband. Past violent episodes and fear of future episodes kept Tanya in the relationship. Tanya worked closely with the Chrysalis House Domestic Violence Counselor who assisted Tanya with filing a domestic violence no-contact order. She slowly continues to rebuild her confidence and resolve the fear of her abusive husband. She recently began working as a parking attendant and expects to move into her own safe and secure apartment within a month.

- Provide a financial report on the use of your grant funds (expenditures).

Attached

- Additional condition: Please report on the following:

□ Please send copies of publicity and other promotional materials.

□ All variances or time extensions must be approved by The Community Foundation's Grant Committee. Please contact us at 951-684-4194, ext. 111 immediately if a variance or extension becomes necessary

Please return the completed form to:

Penny Beaulieu, Manager, Grant Programs

The Community Foundation

3700 Sixth St., Suite 200, Riverside, CA 92501 or fax to 951-684-1911

Or email to: pbeaulieu@thecommunityfoundation.net

Line Item Description	Line Item Explanation (Formula/equation used as applicable. Example: 40 books @ \$100 each = \$4000)	Requested Amount From TCF	Actual Expenditures
Psychiatric Services	52 visits per year @ \$100 x 3 hours each visit = \$15,600	\$5,700	\$1,100
Parenting Classes	40 parenting classes x \$20 incentive = \$800	\$800	\$930
Physical Health Exams	104 women x \$25 initial physical exam = \$2,600	\$600	\$1,183
Job Readiness book bags	104 bags x \$3 each = \$312	\$312	\$0
Housing & Job Readiness Coordinator	\$29,925 salary + \$7,182 benefits = \$37,107	\$7,588	\$11,787
TOTALS:		\$15,000	\$15,000

Chrysalis House
Statement of Revenues and Expenditures - Consolidated - S. L. Gimbel
From 7/1/2012 Through 11/30/2013

	<u>Current Period Actual</u>	<u>Current Year Actual</u>
Revenue		
4230 Foundations	<u>15,000.00</u>	<u>15,000.00</u>
Total Revenue	<u>15,000.00</u>	<u>15,000.00</u>
Expenses		
Salaries	9,579.29	9,579.29
7300 FICA	720.24	720.24
7320 Retirement 401(K)	126.38	126.38
7330 Health Insurance	1,164.60	1,164.60
7340 Dental Insurance	47.91	47.91
7350 Long-term Disability	21.98	21.98
7360 Workers Compensation	119.89	119.89
7370 Life Insurance	7.17	7.17
7730 Client Medical Assistance	1,182.74	1,182.74
7735 Client Incentives	929.80	929.80
7750 Psychiatric Fees	<u>1,100.00</u>	<u>1,100.00</u>
Total Expenses	<u>15,000.00</u>	<u>15,000.00</u>
Net Income (Loss)	<u>0.00</u>	<u>0.00</u>
Beginning Fund Balance	0.00	0.00
Ending Fund Balance	<u>0.00</u>	<u>0.00</u>