



2015 S.L. Gimbel Foundation Fund Grant Application- International

Internal Use Only:

Grant : 20150632

P. Pearl

Organization / Agency Information

Organization/Agency Name: Center for Victims of Torture			20132
Physical Address: 2356 University Avenue West, Suite 450 55114		City/State/Zip St. Paul, MN	
Mailing Address: Same		City/State/Zip	
CEO or Director: Curt Goering		Title: Executive Director	
Phone: 612-436-4810	Fax: 612-436-2600	Email: cgoering@cvt.org	
Contact Person: Suzanne Pearl		Title: International Services Program Manager	
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Program / Grant Information

Interest Area: Education Environmental Protection Health Human Dignity Hunger

Program/Project Name: Mental Health Counseling for Women Torture Survivors in Nairobi, Kenya			Amount of Grant Requested: \$50,000
Total Organization Budget: \$ 15,270,278	Per 990, Percentage of Program Service Expenses (Column B/ Column A x 100): 82%	Per 990, Percentage of Management & General Expenses Only (Column C/ Column A x 100): 10%	Per 990, Percentage of Management & General Expenses and Fundraising (Column C+D / Column A x 100): 18%
Purpose of Grant Request (one sentence): A grant from the Gimbel Foundation would be used to support two psychosocial counselors and one supervisor to provide individual and group mental health counseling to women who are torture survivors living in Nairobi, Kenya.			
Gimbel Grants Received: List Year(s) and Award Amount(s) 2013: \$50,000			

Signatures

Board President / Chair: (Print name and Title) C. Scott Cooper, Chief Executive Officer, RE-AMP	Signature: 	Date: March 12, 2015
Executive Director/President: (Print name and Title) Curt Goering, Executive Director	Signature: 	Date: March 12, 2015

2015 S.L. Gimbel Foundation Fund Application Narrative

I. Organization Background; Target Population

A) History, mission and/or purpose of organization:

The Center for Victims of Torture (CVT) was founded in 1985 as the first rehabilitation center for torture survivors in the US and remains the largest organization of its kind in the world. The full scope of CVT's work includes mental health, physical therapy, and social work services for torture survivors; capacity building for 50 smaller centers in the US and 10 other countries, and nonpartisan advocacy to end torture and advance human rights. CVT has received over three dozen awards, including the *National Crime Victim Services Award* presented by the United States Department of Justice, and the American Psychological Association's *International Humanitarian Award*.

B) Past organizational accomplishments (last three years):

The following lists one accomplishment from each of CVT's program focuses. In 2013, CVT initiated a four-year clinical control trial which is investigating whether embedding mental health and social work case management services in a primary care medical clinic will improve outcomes and reduce costs for refugees. Internationally, CVT provided mental health counseling to 2,877 clients and physiotherapy to more and 700 clients—in the context of fluid security environments, particularly in Nairobi. A major training accomplishment was that CVT's New Tactics in Human Rights program posted all its materials online in an Online Strategy Toolkits—in English and Arabic—and these were viewed by activists all over the world 17,500 times. In December 2014, CVT realized a major advocacy milestone when the Senate Select Committee on Intelligence released parts of its report on the CIA's post 9/11 interrogation activities (the "torture report"). CVT lead the coalition of human rights organizations that had been pushing for this for four years.

C) Key programs, activities, communities served.

CVT has extended care to over 30,000 torture and war trauma survivors in its 30-year history. In the US in 2014, CVT extended rehabilitative care to 344 torture survivors and 630 of their family members from 36 countries. In Jordan, we serve Syrian and Iraqi torture survivors. In Ethiopia, we work with Eritreans, and in Kenya we operate in two locations—Nairobi and Dadaab, the largest refugee complex in the world. CVT is currently starting a direct services program in northern Uganda for survivors of violence by the Lord's Resistance Army. CVT treated 3,000 torture survivors in international locations in 2014. In addition, we educated 14,500 people about torture, mental health, human rights, and CVT's services; and educated 1,800 police and other professionals on how to recognize the effects of torture and other topics.

II. Project Information:

A) Statement of Need

The reasons which force refugees to leave their homes are many. In addition to being tortured, many have endured atrocities like systematic rape, the burning of their homes and crops, child soldiering, the killing of their livestock, human trafficking, and witnessing their family members being killed or tortured. Refugees choose the city of Nairobi over refugee camps in hopes that they will find jobs, but too often they become victims of harassment, assaults, police extortion, and dire poverty.

Estimates for the number of refugees in Nairobi range from 45,000 to 100,000. Accurate counts are difficult to come by because many refugees live hidden from authorities because they do not have official refugee status. Unregistered refugees are not eligible for food rations and are often homeless upon arrival in the city. At the same time, they are not allowed to work legally.

Women often have the fewest options. Their access to services is hampered by culture, family obligations, and oppression. They end up forced into prostitution to make money or just secure a place to sleep. Since women are the main caregivers to the family, if a woman is depressed, anxious, or suffering symptoms of PTSD, her children suffer too.

Yet, women *can* and *do* recover from their trauma, perhaps even more motivated than men to do so, by concern for their children.

No high-quality mental health counseling was available to torture survivors in Nairobi before CVT began operations there in April 2013. CVT now sees clients from the Democratic Republic of Congo, Somalia, Burundi, Ethiopia, Rwanda, and other surrounding countries.

A grant from the S.L. Gimbel Foundation Fund will support the positions of one clinical supervisor and two psychosocial counselors (PSCs) to lead counseling groups and offer individual therapy when necessary.

B) Project Goal, Objectives and Methodology

1. Project goal and description

The project goal is to facilitate healing and the restoration of dignity for women who are torture and war trauma survivors living in Nairobi, while building the capacity of local mental health providers. CVT is the only organization in Nairobi providing high-quality mental health care and one of only a few caring for individuals who do not hold official refugee status.

2. SMART objectives, activities and project timeline:

Objective I: Provide mental health counseling for 120 female survivors of torture and war trauma

Activities: CVT will provide continuous professional development and supervision for two female psychosocial counselors (PSCs) from the local community to provide counseling services to women refugees. Trained PSCs will offer:

Group Counseling: Most clients participate in 10-week counseling groups of 8-10 members. Many clients with even high symptom levels respond well in this model. Groups are formed according to age, gender, and similar trauma histories.

Individual Counseling: Clients who are unable to participate in group counseling because they are suicidal, extremely dissociative, or survivors of recent sexual violence are offered individual counseling of weekly one-hour sessions.

Home Visits: Home visits are necessary when trauma symptoms such as panic attacks prevent women from leaving their homes. During home visits, PSCs will respond on an ad hoc basis to the needs of approximately 500 family members, mostly children.

Objective II: To provide training and development of two female PSCs

Activities: Most trauma and mental health curricula tend to be based on classroom activities with limited practical experience, monitoring, or follow-up. CVT's experience in Africa has shown that ongoing training and supervision by experts in mental health trauma treatment is essential to high-quality care, and that once PSCs are adequately prepared, they are able to conduct counseling sessions with limited support and supervision. Training subjects for PSCs include: Torture and Trauma and Their Effects; Observation Skills and Empathy; Principles and Ethics of Counseling; Database Forms/Use; Trauma Counseling; Communication Skills; Listening Skills; Psychiatric Disorders with a focus on Post-Traumatic Stress Disorder; Group Facilitation; Screening and Assessment Interviews; Record Keeping; Gender-Based Violence; Home Visits; Educating the Community on Mental Health Topics; Cognitive Behavioral Therapy; Child Psychology and Counseling; and Traumatized Children. In addition to classroom work, PSCs and a CVT expert mental health clinician meet for an hour before and after each clinical session to discuss theory and practice in depth.

3. Target population

The two PSCs would work with 120 women from Somalia, Ethiopia, DRC, Ethiopia, Rwanda, and other countries who have suffered torture and war trauma. At least 33% of this population is estimated to be sexual assault survivors.

4. Collaboration, partners, and volunteers

CVT collaborates with the United Nations High Commissioner for Refugees, various Kenyan government ministries, and other humanitarian organizations including the International Rescue Committee, Danish Refugee Council, Hebrew Immigrant Aid Society, and Independent Medico-Legal Unit, a local organization that offers medical and legal services to torture survivors.

C) Project Outcomes and Evaluation

1. Key outcomes and their impact on participants

Objective 1 Outcome: Clients will experience a reduction in symptoms, such as flashbacks and nightmares, improved functioning in family and community life, less dependence on outside services to solve problems, and more stable family relationships.

Objective 2 Outcomes: PSCs gain knowledge and competence in core counseling skills, which will contribute to their employability by CVT and other employers. PSCs working for CVT also typically have high job satisfaction.

2. Indicators of achievement

Objective 1: Identify, assess, and provide intensive group and individual psychotherapy. At least 75% of clients demonstrate an improvement in at least one area of psychological and behavioral symptoms between intake and six months.

Objective 2: One supervisor and two PSCs will receive monthly trainings to build clinical knowledge and practical skills. PSCs will demonstrate on average a 25% increase in knowledge following trainings. They will demonstrate competence in core counseling skills as determined by tests, as well as evaluations conducted by an expert mental health clinician.

3. Monitoring and measurement of outcomes

An extensive intake survey provides a baseline evaluation of clients' psychological symptoms and behavioral functioning. Follow-up assessments are conducted at 1, 3, 6, and 12-month intervals to gauge progress. Training activities are evaluated with pre and post tests.

D) How grant funds will be used

A grant from the Gimbel Foundation would support two PSC and one supervisor positions.

III. Project Future

Because CVT builds capacity through training, it has been our experience that passionate local staff have formed their own organizations to continue treating torture and trauma survivors. Core funding from the US State Department's Bureau of Population, Refugees and Migration does not cover all project expenses; we supplement the program through general operating funds raised from 10,000 individual donors. CVT continually seeks additional grants from institutional donors such as the Moriah Fund and United Methodist Women.

IV. Governance, Executive Leadership and Key Personnel/Staff Qualifications

A) Board of directors role, committees, and decision making

CVT is governed by a 15-member board of directors. Committees include Audit, Development, Finance, Governance, and Public Policy. The board reviews programmatic progress three times annually and financial performance at its bi-monthly meetings. Decisions are made by a quorum of the greater of six directors or 1/3 of the entire board.

B) Qualifications of key personnel/staff responsible for the project

Suzanne Pearl is CVT's program manager for Africa. She has a strong background in international program management and organizational capacity-building. Pablo Traspas is CVT's country director for Kenya. He has 22 years of experience working for humanitarian organizations, including 15 years with Doctors without Borders. Paul Orieny, Ph.D. LMFT, is CVT's international clinical advisor. A Kenyan, he has worked for CVT since 2007. The 12 supervisors and PSCs who carry out group and individual mental health counseling in Nairobi are selected based on their education, experience, leadership ability, organizational skills, and language abilities.

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V. Project Budget

Provide a detailed line-item budget for your project by completing the table below.

A breakdown of specific line item requests and attendant costs should include:

- 1) Line item requests for materials, supplies, equipment and others:
 - a. Identify and list the type of materials, supplies, equipment, etc.
 - b. Specify the unit cost, number of units, and total cost
 - c. Use a formula/equation as applicable. (i.e. 40 books @ \$100 each = \$4000)
- 2) Line item requests for staff, compensation, benefits:
 - a. Identify the position; for each position request, specify the hourly rate and the number of hours (i.e. \$20/hr x 20 hours/week x 20 weeks = \$8,000)
 - b. For benefits, provide the formula and calculation (i.e. \$8,000 x 25% = \$2,000)

Line Item Description	Line Item Explanation	Support From Your Agency	Support From Other Funders	Requested Amount From TCF	Line Item Total of Project
Counseling Supervisor Salary and Benefits	.65 FTE \$9.74/hr x 26 hours/week x 52 weeks =\$13,168			\$13,168	\$13,168
Psychosocial Counselors Salary and Benefits	2 FTE 2x \$8.09/hr x 40 hours/week x 52 weeks=\$33,654			\$33,654	\$33,654
Transportation Stipends for Clients to/from Counseling Groups	\$21.19 per client x 150 clients =\$3,178			\$3,178	\$3,178
TOTALS:				\$50,000	\$50,000

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VI. Sources of Funding: Please list your current sources of funding and amounts.

Secured/Awarded

Name of Funder: Foundation, Corporation, Government	Amount
U.S. Department of State, Bureau of Population, Refugees and Migration (Supports the entire Nairobi program, including one (1) additional Counseling Supervisor, six (6) additional Psychosocial Counselors, overhead costs, and program supplies including Transportation stipends)	\$900,000
United Nations Voluntary Fund for Victims of Torture	\$20,000

Pending

Name of Funder: Foundation, Corporation, Government	Amount	Decision Date
United Nations Voluntary Fund for Victims of Torture	\$20,000	12/2015

Diversity of Funding Sources: A financially healthy organization should have a diverse mix of funding sources. Complete those categories that apply to your organization using figures from your most recent fiscal year.

Funding Source	Amount	% of Total Revenue	Funding Source	Amount	% of Total Revenue
Contributions	\$1,656,670	13%	Program Fees	\$ 107,858	0.8%
Fundraising/Special Events	\$ 0.00	0%	Interest Income	\$ 6,868	0.1%
Corp/Foundation Grants/Other	\$2,503,957	19%	Other: UNVF	\$ 360,000	2.7%
Government Grants	\$7,743,889	59%	Other: 3rd Party Billing*	\$ 796,133	6.0%

*Notes: Third party billings include payments and reimbursements from Medical Assistance and Targeted Case Management (mental health and social work services).

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VII. Financial Analysis

Agency Name: Center for Victims of Torture
Most Current Fiscal Year (Dates): From 1/1/2013 To: 12/31/2013

This section presents an overview of an applicant organization's financial health and will be reviewed along with the grant proposal. Provide all the information requested on your **entire organization**. Include any notes that may explain any extraordinary circumstances. Information should be taken from your most recent 990 and audit. **Double check your figures!**

Form 990, Part IX: Statement of Functional Expenses

1) Transfer the totals for each of the columns, Line 25- Total functional expenses (page 10)

(A) Total Expenses	(B) Program service expenses	(C) Management & general expenses	(D) Fundraising expenses
\$12,417,367	\$10,216,538	\$1,239,127	\$961,702

2) Calculate the percentages of Columns B, C, and D, over A (per totals above)

- Program services (B) – A general rule is that at least 75% of total expenses should be used to support programs
- Management & general administration (C) – A general rule is that no more than 15% of total expenses should be used for management & general expenses
- Fundraising (D) – A general rule is that no more than 10% of total expenses should be used for fundraising

(A) Total Expenses	(B) Program service expenses	(C) Management & general expenses	(D) Fundraising expenses
	Columns B / A x 100	Columns C / A x 100	Columns D / A x 100
Must equal 100%	82%	10%	8%

3) Calculate the difference between your CURRENT year budget for management & general expenses and your previous management & general expenses per your 990 (Column C)

Percentage of Organization's Current Total Budget used for Administration (from cover page)	Column C, Management & general expenses per 990 above	Differential
14 %	10 %	4 %

If the differential is above (+) or below (-) 10%, provide an explanation:

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Quick Ratio: Measures the level of liquidity and measures only current assets that can be quickly turned to cash. A generally standard Quick Ratio equals 1 or more.

Cash	+ Accounts Receivables	/Current Liabilities	= Quick Ratio
\$1,479,439	\$638,065	\$319,739	6.6

Excess or Deficit for the Year:

Excess or (Deficit) Most recent fiscal year end	Excess or (Deficit) Prior fiscal year end
\$673,620	\$487,102

Notes:

VIII. Application submission check list:

<u>Submit FOUR (4) Copies: 1 ORIGINAL (WITH ORIGINAL SIGNATURES) and 3 copies, collated and stapled together of the following:</u>	<u>Submit ONE (1) Copy:</u>
Completed Grant Application Form (cover sheet, narrative (3 pages maximum), budget and sources of funding, financial analysis page	A copy of your current 501(c)(3) letter from the IRS
A list of your Board members and their affiliations	A copy of your most recent year-end financial statements (audited if available; double-sided)
Your current operating budget and the previous year's actual expenses	A copy of your most recent 990 (double-sided)
Part IX only of the 990 form, Statement of Functional Expenses (one page). If you completed a 990-EZ, fill out the attached Part IX, Functional Expenses of the 990 form using figures from your 990-EZ	
For past grantees, a copy of your most recent final report.	

Center for Victims of Torture
2014 Total Budget

	Program Services					Support Services			2014 Budget	2013 Budget
	Client Care	International Services	Training	Research	Public Policy & Education	Administration	Development	Volunteers		
SUPPORT AND REVENUE	\$ 2,507,050	\$ 8,481,349	\$ 1,421,927	\$ 47,483	\$ 617,529	\$ 1,500	\$ 2,193,440	\$ -	\$ 15,270,278	\$ 13,379,446
PERSONNEL:										
U.S. Based and Expatriate Staff	\$ 1,605,694	\$ 2,402,164	\$ 468,456	\$ 87,100	\$ 379,615	\$ 1,163,436	\$ 315,643	\$ 41,769	\$ 6,463,878	\$ 5,543,515
Local Field Staff	-	1,499,641	213,723	-	-	-	-	-	1,713,364	1,264,178
Benefits	384,666	1,318,913	166,989	24,087	88,545	311,597	79,010	14,459	2,388,266	1,926,441
TOTAL PERSONNEL COSTS:	1,990,360	5,220,718	849,168	111,187	468,160	1,475,033	394,653	56,228	10,565,508	8,734,134
NON-PERSONNEL:										
Consultants	40,880	80,241	71,975	-	600	99,285	67,000	-	359,981	454,042
Travel	9,727	681,605	102,459	5,470	42,120	68,919	28,021	170	938,490	1,083,433
Subgrants	-	399,983	48,228	-	-	-	-	-	448,211	300,000
Meetings and Hosted Conferences	4,090	51,511	101,662	-	13,120	5,860	23,525	404	200,172	219,205
Client Assistance	166,796	381,633	2,222	-	-	8,873	-	-	559,524	433,107
Occupancy	87,413	341,230	46,913	5,527	44,535	96,973	20,732	3,257	646,579	707,465
Printing and Production Costs	5,769	2,649	11,143	-	2,580	5,461	483,544	129	511,274	542,537
Office Expenses	57,808	263,456	35,009	1,366	21,642	134,159	29,392	3,539	546,371	545,056
Service Fees and Allowances	12,226	43,386	1,459	30	30	46,749	54,335	-	158,215	130,790
Depreciation	-	-	-	-	-	166,583	16,667	-	183,250	95,883
TOTAL NON-PERSONNEL	384,708	2,245,694	421,071	12,392	124,627	632,862	723,215	7,498	4,552,067	4,511,518
TOTAL DIRECT EXPENSES	2,375,068	7,466,412	1,270,239	123,580	592,787	2,107,895	1,117,868	63,727	15,117,575	13,245,652
Allocation of Administrative Expense	388,531	1,219,457	208,146	20,250	97,135	(2,051,249)	181,457	(63,727)	(0)	(0)
TOTAL EXPENSES	2,763,599	8,685,868	1,478,385	143,830	689,922	56,646	1,299,325	-	15,117,575	13,245,652
Allocation to Board Designated Net Assets									152,703	133,794
NET (DEFICIT)	\$ (256,549)	\$ (204,520)	\$ (56,458)	\$ (96,347)	\$ (72,393)	\$ (55,146)	\$ 894,115	\$ -	\$ -	\$ -
U.S. Based and Expatriate Staff FTEs	25.09	47.38	7.86	1.03	5.19	16.95	4.70	0.75	108.95	91.40

The Center for Victims of Torture
Statement of Activities
Year Ended December 31, 2013
(With Comparative Totals for 2012)

	2013			Total	2012
	Unrestricted	Temporarily Restricted	Permanently Restricted		
Support and Revenue					
Public Support					
Individual	\$ 1,531,780	\$ 102,311	\$ 20,000	\$ 1,654,091	\$ 1,684,433
Foundation	307,917	1,932,791	-	2,240,708	1,428,459
United Nations Voluntary Fund	-	360,000	-	360,000	586,967
Other institutions and corporations	102,749	160,500	-	263,249	127,495
Change in value of split interest agreements	-	2,579	-	2,579	2,769
Net assets released from restrictions	2,129,808	(2,129,808)	-	-	-
Total public support	<u>4,072,254</u>	<u>428,373</u>	<u>20,000</u>	<u>4,520,627</u>	<u>3,830,123</u>
Revenue					
Program service revenue	7,743,889	-	-	7,743,889	6,330,469
Third-party billings	796,133	-	-	796,133	529,437
Speaking fees	68,304	-	-	68,304	45,341
Net investment return	6,868	-	-	6,868	5,800
Miscellaneous revenue	39,554	-	-	39,554	111,591
Total revenue	<u>8,654,748</u>	<u>-</u>	<u>-</u>	<u>8,654,748</u>	<u>7,022,638</u>
Total Support and Revenue	<u>12,727,002</u>	<u>428,373</u>	<u>20,000</u>	<u>13,175,375</u>	<u>10,852,761</u>
Expenses					
Program Services					
Client services	2,204,526	-	-	2,204,526	1,557,009
Professional training	1,080,198	-	-	1,080,198	1,321,901
Research	103,798	-	-	103,798	74,014
Public policy/education	382,426	-	-	382,426	618,434
International services	6,463,602	-	-	6,463,602	5,103,452
Total program services	<u>10,234,550</u>	<u>-</u>	<u>-</u>	<u>10,234,550</u>	<u>8,674,810</u>
Supporting Services					
Fundraising	980,992	-	-	980,992	698,103
Management and general	1,280,964	-	-	1,280,964	989,845
Total supporting services	<u>2,261,956</u>	<u>-</u>	<u>-</u>	<u>2,261,956</u>	<u>1,687,948</u>
Total Expenses	<u>12,496,506</u>	<u>-</u>	<u>-</u>	<u>12,496,506</u>	<u>10,362,758</u>
Change in Net Assets	230,496	428,373	20,000	678,869	490,003
Net Assets, Beginning of Year	<u>2,382,290</u>	<u>2,335,120</u>	<u>110,318</u>	<u>4,827,728</u>	<u>4,337,725</u>
Net Assets, End of Year	<u>\$ 2,612,786</u>	<u>\$ 2,763,493</u>	<u>\$ 130,318</u>	<u>\$ 5,506,597</u>	<u>\$ 4,827,728</u>

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to governments and organizations in the United States. See Part IV, line 21				
2 Grants and other assistance to individuals in the United States. See Part IV, line 22				
3 Grants and other assistance to governments, organizations, and individuals outside the United States. See Part IV, lines 15 and 16	470,673.	470,673.		
4 Benefits paid to or for members				
5 Compensation of current officers, directors, trustees, and key employees	335,014.	75,003.	233,159.	26,852.
6 Compensation not included above, to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)				
7 Other salaries and wages	5,976,732.	4,913,072.	898,674.	164,986.
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	201,069.	163,762.	31,624.	5,683.
9 Other employee benefits	1,304,938.	1,045,230.	221,250.	38,458.
10 Payroll taxes	392,268.	310,947.	69,480.	11,841.
11 Fees for services (non-employees):				
a Management				
b Legal	18,185.	18,185.		
c Accounting	56,189.	18,549.	37,640.	
d Lobbying				
e Professional fundraising services. See Part IV, line 17	97,191.			97,191.
f Investment management fees				
g Other. (If line 11g amount exceeds 10% of line 25, column (A) amount, list line 11g expenses on Sch O.)	262,994.	233,175.	11,661.	18,158.
12 Advertising and promotion				
13 Office expenses	537,475.	423,621.	87,251.	26,603.
14 Information technology				
15 Royalties				
16 Occupancy	662,438.	527,984.	125,997.	8,457.
17 Travel	875,567.	833,965.	20,872.	20,730.
18 Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 Conferences, conventions, and meetings	140,772.	109,983.	10,513.	20,276.
20 Interest				
21 Payments to affiliates				
22 Depreciation, depletion, and amortization	107,260.		107,260.	
23 Insurance				
24 Other expenses. Itemize expenses not covered above. (List miscellaneous expenses in line 24e. If line 24e amount exceeds 10% of line 25, column (A) amount, list line 24e expenses on Schedule O.)				
a PRINTING SERVICES	461,498.	16,926.	4,191.	440,381.
b PROGRAM EXPENSES	407,634.	407,634.		
c FEES	109,470.	36,268.	39,338.	33,864.
d COMMON COST ALLOCATION	0.	611,561.	-659,783.	48,222.
e All other expenses				
25 Total functional expenses. Add lines 1 through 24e	12,417,367.	10,216,538.	1,239,127.	961,702.
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation.				
Check here <input type="checkbox"/> if following SOP 98-2 (ASC 958-720)	231,300.	105,116.	0.	126,184.

- Describe the project's key outcomes and results based on your goals and objectives. Provide the number of clients served and other relevant statistics.

Objective I: Provide mental health counseling for 120 female survivors of torture/war trauma

Indicator: Identify, assess, and provide intensive group and individual psychotherapy. At least 75% of clients demonstrate an improvement in at least one area of psychological and behavioral symptoms between intake and six months. Test and document significance and magnitude of client change.

Outcome: Clients will experience a reduction in symptoms, such as flashbacks and nightmares, and improved functioning in family and community life, less dependence on outside services to solve problems, and more stable family relationships.

Results:

This grant year, CVT assessed 515 new clients, 350 of whom were women. Of these, four were age 0-15, 11 were age 16-17, 123 were age 18-25, 111 were age 26-35, 64 were age 36-45, 30 were age 46-60, and 2 were age 61 or older. 345 women received services, including 299 who participated in group therapy. CVT hosted 32 groups for women with six to 13 members in four locations in Nairobi. There was also one youth group which included both boys and girls.

CVT conducted 276 six-month follow-up assessments with female clients (due to the transitory nature of refugees' lives, CVT is not able to locate all clients for follow up). 99.5% of female clients demonstrated an improvement in at least one area of psychological symptoms and behavioral problems between intake and six months. Please see table 1.4 below for detailed information.

1.4 Decrease in Mental Health Symptoms after 6 months among Female Clients Receiving Counseling											
Clients N (both intakes and follow-up)	Depression		Post-Traumatic Stress		Somatic		Anxiety		Behavioral Functioning Difficulties		% of clients with decrease in at least one symptom area
	% Showing Decrease	Cohen's d	% Showing Decrease	Cohen's d	% Showing Decrease	Cohen's d	% Showing Decrease	Cohen's d	% Showing Decrease	Cohen's d	
Six Months (n=276)	89.6%	1.79*	93.7%	1.67*	64.3%	0.65*	77.8%	0.99*	77.4%	0.73*	99.5%

*The effect size (d) quantifies the magnitude of observed changes over time: +/-.2 is small, +/-.5 is medium and +/-.8 or bigger is large.

Objective II: To provide training and development of two female psychosocial counselors

Indicator: CVT will hire three psychosocial counseling staff (two “PSCs” and one supervisor) who will receive an initial two-week training, then monthly trainings to build clinical knowledge and practical skills. PSCs will demonstrate on average a 25% increase in knowledge following trainings. 100% of PSCs will demonstrate competence in core counseling skills, as determined by tests as well as evaluations conducted by the expert mental health clinician.

Outcome: PSCs gain knowledge and competence in core counseling skills, which will contribute to their employability by CVT and other employers. PSCs working for CVT also typically have high job satisfaction.

Results:

Three female psychological counseling staff were hired and received an initial two-week training. CVT then held 36 trainings to further develop clinical knowledge and practical skills during the grant year. These trainings were provided to all clinical staff, including the three female psychological counseling staff members. About half of the trainings were focused on physiotherapy (physical therapy) or the intersection between physical and mental health effects of trauma.

The clinical staff demonstrated on average a 152% increase in knowledge for the 21 trainings in which pre- and post-tests were administered. Please see table 2.1 below for additional information.

2.1 Trainings to CVT Nairobi Staff

Date	Topic	# of Participants	Length in Hours	Average Pre-Test (% of responses correct)	Average Post-Test (% of responses correct)	Average Gain in Knowledge (% change between pre- and post-tests)
14.01.14	Self-care	10	2	11.25%	53.75%	377.78%
16.01.14	Disability Rating Index	2	2	Not given	Not given	Couldn't calculate
23.01.14	Physiotherapy for incontinence/women's health	2	2	47.5%	92.5%	94.74%
14.02.14	Suicide protocol, assessment and treatment (First part)	11	3	Not given	Not given	Couldn't calculate
20.02.14	Lumbar /Core Stability Exercises	2	2	46%	96%	108.7%
26.02.14	Common ground between PTs and counsellors in trauma management	18	2	Not given	Not given	Couldn't calculate
26.02.14	Treatment plan	10	2	Not given	Not given	Couldn't calculate
05.03.14	Taping	2	1	Not given	Not given	Couldn't calculate

27.03.14	Body Awareness Self-Regulation Scale	2	2	38%	78%	105%
15.04.14	Working in settings with continuous trauma	16	8	17%	72%	324%
18.04.14	Dissociation	10	8	13%	59.5%	358.9%
24.04.14	Children reactions to traumatic events	2	2	26%	48%	85%
28.04.14	Continuous trauma stress in torture survivors	16	4	17%	72%	324%
15.05.14-30.05.14	CVT model	3	40	42%	88%	154%
23.05.14	Suicide prevention and protocol	10	6	52%	86%	64%
28.05.14	Physiotherapy for torture survivors and common ground for PTs and Counselors	3	2	34%	89%	162%
05.06.14	Accidental counseling	2	2	Not given	Not given	-
05.06.14-06.06.14	LGBTI clients	1	16	Not given	Not given	-
09.06.14	Neck PT management-evidence based	2	2	42%	65%	54.8%
13.06.14	Gender-based violence	11	4	27%	54%	100%
16.06.14	Overcoming trauma by use of movements and basic mindfulness concepts	3	3	Not given	Not given	-
20.06.14	Trauma and the body	12	3	Not given	Not given	-
27.06.14	Communication and language patterns	9	3	Not given	Not given	-
03.07.14	Mobilization of the upper extremities	2	2	38%	72%	89.5%
01.09.14-08.09.14	Initial training	3	60	55.43%	70.65%	27.46%
24.10.14-31.10.14	Logic framework methodology	10	6	35.71%	46.43%	30%
05.11.14-13.11.14	CVT basics, Confidentiality and Ethical framework of Human Rights organizations, Community mapping for services, Community sensitizations, Organization of large-group activities, Basics of trauma and trauma counselling, Vicarious traumatization and self-care, Documentation, Basics of Physiotherapy	4	50	34.27%	73.74%	115.2%

14.11.14	Trauma and the body	12	4	Not given	Not given	Couldn't calculate
19.11.14	Ambiguous loss	8	3	Not given	Not given	Couldn't calculate
18.11.14	Traumatic brain injury	5	2	Not given	Not given	Couldn't calculate
21.11.14	Trauma and the body (part 2)	15	3	Not given	Not given	Couldn't calculate
13.11.14-14.11.14	Physiotherapy for torture survivors- assessment and treatment	1	6	26%	61%	134.6%
25.11.14	Basic introduction to physiotherapy for torture survivors to community workers	4	2	Not given	Not given	Couldn't calculate
25.11.14	Physiotherapy Assessment Tools	1	4	15%	56%	273.3%
28.11.14	Self-care	1	3	32%	58%	81.3%
30.11.14	Common ground between PT and psychotherapy in management of torture survivors	1	2%	20%	46%	130%

- What were the challenges and obstacles you encountered (if any) in attaining your goals and objectives? How did you overcome and/or address the challenges and obstacles? What were the lessons learned?
- Describe any unintended positive outcomes as a result of the efforts supported by this grant.
- Describe the overall effect this grant has had on your organization.
- Tell us a few success stories that made an impact on your organization and/or community as a result of this grant.

2013 S.L. Gimbel Foundation Fund
Grant number 20130826
Center for Victims of Torture
Mental Health Counseling for Women Torture Survivors in Kenya

December 1, 2013 to November 30, 2014			
Line Item Description	US Dept of State, BPRM, Actuals	Gimbel Foundation Actuals	Line Item Total of Project
Counseling Supervisor Salary and Benefits	\$13,589	\$17,300	\$30,889
Psychosocial Counselors Salary and Benefits	\$25,975	\$28,567	\$54,542
Transportation Stipends for Clients to/from Counseling Groups	\$13,757	\$4,133	\$17,890
TOTALS:	\$53,321	\$50,000	\$103,321

Internal Revenue Service

Date: May 24, 2004

Center For Victims of Torture
717 E. River Rd.
Minneapolis, MN 55455-0369

Department of the Treasury
P. O. Box 2508
Cincinnati, OH 45201

Person to Contact:
Sheena Wallace 31-04021
Customer Service Specialist
Toll Free Telephone Number:
8:00 a.m. to 6:30 p.m. EST
877-829-5500
Fax Number:
513-263-3756
Federal Identification Number:
36-3383933

Dear Sir or Madam:

This is in response to your request of May 24, 2004, regarding your organization's tax-exempt status.

In October 1985 we issued a determination letter that recognized your organization as exempt from federal income tax. Our records indicate that your organization is currently exempt under section 501(c)(3) of the Internal Revenue Code.

Based on information subsequently submitted, we classified your organization as one that is not a private foundation within the meaning of section 509(a) of the Code because it is an organization described in sections 509(a)(1) and 170(b)(1)(A)(vi).

This classification was based on the assumption that your organization's operations would continue as stated in the application. If your organization's sources of support, or its character, method of operations, or purposes have changed, please let us know so we can consider the effect of the change on the exempt status and foundation status of your organization.

Your organization is required to file Form 990, Return of Organization Exempt from Income Tax, only if its gross receipts each year are normally more than \$25,000. If a return is required, it must be filed by the 15th day of the fifth month after the end of the organization's annual accounting period. The law imposes a penalty of \$20 a day, up to a maximum of \$10,000, when a return is filed late, unless there is reasonable cause for the delay.

All exempt organizations (unless specifically excluded) are liable for taxes under the Federal Insurance Contributions Act (social security taxes) on remuneration of \$100 or more paid to each employee during a calendar year. Your organization is not liable for the tax imposed under the Federal Unemployment Tax Act (FUTA).

Organizations that are not private foundations are not subject to the excise taxes under Chapter 42 of the Code. However, these organizations are not automatically exempt from other federal excise taxes.

Donors may deduct contributions to your organization as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to your organization or for its use are deductible for federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

Center For Victims of Torture
36-3383933

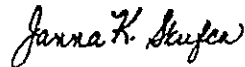
Your organization is not required to file federal income tax returns unless it is subject to the tax on unrelated business income under section 511 of the Code. If your organization is subject to this tax, it must file an income tax return on the Form 990-T, Exempt Organization Business Income Tax Return. In this letter, we are not determining whether any of your organization's present or proposed activities are unrelated trade or business as defined in section 513 of the Code.

Section 6104 of the Internal Revenue Code requires you to make your organization's annual return available for public inspection without charge for three years after the due date of the return. The law also requires organizations that received recognition of exemption on July 15, 1987, or later, to make available for public inspection a copy of the exemption application, any supporting documents and the exemption letter to any individual who requests such documents in person or in writing. Organizations that received recognition of exemption before July 15, 1987, and had a copy of their exemption application on July 15, 1987, are also required to make available for public inspection a copy of the exemption application, any supporting documents and the exemption letter to any individual who requests such documents in person or in writing. For additional information on disclosure requirements, please refer to Internal Revenue Bulletin 1999 - 17.

Because this letter could help resolve any questions about your organization's exempt status and foundation status, you should keep it with the organization's permanent records.

If you have any questions, please call us at the telephone number shown in the heading of this letter.

Sincerely,



Janna K. Skufca, Director, TE/GE
Customer Account Services

The Center For Victims of Torture

*RETURN OF ORGANIZATION
EXEMPT FROM INCOME TAX FORM*

YEAR ENDED DECEMBER 31, 2013

STATEMENT THAT THIS IS A TAX RETURN NOT A FINANCIAL STATEMENT

The accompanying federal income tax return does **NOT** constitute a financial statement. We have not audited, reviewed or compiled the accompanying income tax return and, accordingly, do not express an opinion or any other form of assurance on it.

An income tax return is not intended to constitute financial statements prepared in accordance with generally accepted accounting principles. Accordingly, it does not necessarily include all financial information or disclosures required by generally accepted accounting principles. If the omitted financial information or disclosures were included with the tax return, they might influence the users' conclusions about the taxpayer's financial position, results of operations and cash flows. Accordingly, this income tax return is not designed to be used in lieu of financial statements.

RECORD RETENTION

Our policy is to dispose of our copies of tax returns and workpapers, and other tax information that is more than eight years old.

Your responsibility for retention of your own tax records varies, depending upon the type of tax return or other information involved. We suggest that you keep your tax information and supporting documents for a minimum of eight years. We also recommend that you keep all records that pertain to a carryover amount, such as net operating loss carryovers and charitable contribution carryovers as well as capital loss carryovers, until eight years after the carryover has been consumed.

Also, we suggest that you maintain, indefinitely, copies of income tax returns, records supporting your tax basis in your personal, investment, and business assets, and documentation pertaining to gifts that you make. Your copies of the returns are enclosed for your files. We suggest that you retain these copies indefinitely.



CPAs & BUSINESS ADVISORS

April 28, 2014

The Center for Victims of Torture
649 Dayton Avenue
St. Paul, MN 55104-6631

Dear Gena,

Enclosed are the 2013 Exempt Organization returns, as follows...

2013 Form 990

2013 Minnesota Annual Report

2013 IRS E-File Signature Authorization for an Exempt
Organization (Form 8879-EO)

Please review the return for completeness and accuracy.

In addition, the enclosed CD includes a public disclosure copy of the Form 990 and Form 990-T (if applicable). All exempt organizations are required to have a copy of its current year Form 990 and two prior year returns available for public inspection. If the Form 990 includes a Schedule of Contributors (Schedule B), we have removed the names and addresses of contributors from this return, as this information is not open to public inspection. Only organizations exempt under 501(c)(3) must make the current year Form 990-T and two prior year returns available. You should sign the copy of these returns and keep them available at your primary office location.

We have prepared the return from information you furnished us without verification. Upon examination of the return by tax authorities, requests may be made for underlying data. We therefore recommend that you preserve all records which you may be called upon to produce in connection with such possible examinations.

The state of Minnesota requires that certain entities, (Corporations, Limited Liability Companies, Limited Liability Partnerships etc.), that receive their separate lives from the state, make annual or other periodic filings to maintain their legal status. A failure to make these filings can

www.eidebailly.com

800 Nicollet Mall, Ste. 1300 | Minneapolis, MN 55402-7033 | T 612.253.6500 | F 612.253.6600 | EOE



The
Community
Foundation

Strengthening Inland Southern California through Philanthropy

S. L. Gimbel Foundation Fund

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Vice Chair of the Board

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Beverly Stephenson

Randall Tagami

Diane Valenzuela

Dr. Jonathan Lorenzo Yorba
President and CEO

August 26, 2015

Mr. Curt Goering
Executive Director
Center for Victims of Torture
2356 University Avenue West
Suite 450
St. Paul, MN 55114

Dear Mr. Goering:

Congratulations! A grant has been approved for **Center for Victims of Torture** in the amount of **\$50,000** from the S.L. Gimbel Foundation. The **performance period for this grant is September 1, 2015 to August 31, 2016**. Additional funding beyond the performance period is not guaranteed. It is highly recommended that alternative funding sources be sought accordingly. The grant is to support the following as specified in your proposal:

Survivors in Nairobi, Kenya: To support the cost of two psychosocial counselors and one supervisor to provide individual and group mental health counseling to women who are torture survivors living in Nairobi, Kenya.

This grant is subject to the terms outlined in the enclosed Grant Agreement. After you have reviewed the terms and conditions of the Grant Agreement, please sign and date the enclosed copy and return the original copy to The Community Foundation within the next two weeks. Please retain a copy of the signed agreement for your records. Funds will be released upon receipt of the signed Grant Agreement.

A condition of this grant is that you agree to submit the Grant Evaluation Form which includes a narrative report and fiscal report. The **Grant Evaluation is due by September 15, 2016** and a copy will be available online.

We wish you great success and look forward to working with you during the grant performance period.

If you have any questions, please call me at 951-684-4192 ext. 114 or email me at ccudiamat@thecommunityfoundation.net.

Sincerely,

Celia Cudiamat
Executive Vice President of Programs

20132 Center for Victims of Torture

20150632

GIMB4



Confirmed in Compliance
with National Standards for
U.S. Community Foundations

3700 Sixth Street, Suite 200 Riverside, California 92501
P: 951.241.7777 F: 951.684.1911 www.thecommunityfoundation.net

2015 S.L. Gimbel Foundation Fund

Grant Agreement

Organization: Center for Victims of Torture

Grant Amount: \$ 50,000 **Grant Number:** 20150632

Grant Period: September 1, 2015 to August 31, 2016 (Evaluations due by September 15, 2016)

Purpose: **Survivors in Nairobi, Kenya: To support the cost of two psychosocial counselors and one supervisor to provide individual and group mental health counseling to women who are torture survivors living in Nairobi, Kenya.**

1. Use of Grant Funds

Grant funds must be expended within the grant period, for the purpose and objectives described in your grant proposal. Grant funds may not be expended for any other purpose without prior written approval by The Community Foundation. If there are significant difficulties in making use of the funds as specified in your proposal, or if the grant funds cannot be spent within the grant period, notify us in writing promptly.

Formal requests for extensions or variances must be submitted to the Foundation's Board of Directors for approval a minimum of 60 days before the end of the grant period.

Requests for variances or extensions are reviewed on a case-by-case basis and approved by the Board of Directors. If a request is denied, unused funds must be immediately refunded to the Foundation.

2. Payment of Grant Funds

The grant funds will be paid in full by the Foundation upon receipt of the signed Grant Agreement. Challenge grant funds will be paid in full upon receipt of the signed Grant Agreement and upon receipt of documentation providing evidence that condition(s) of the challenge grant has/have been met.

3. Certification and Maintenance of Exempt Organization Status

This grant is specifically conditioned upon Grantee's status as an eligible grantee of The Community Foundation. The Foundation has obtained a copy of the Grantee's IRS determination letter. Grantee confirms that it has not had any change in its tax-exempt status, and shall notify the Foundation immediately of any such change.

4. Final Report and Records

The Grantee will submit the Grant Evaluation report per the deadline set forth in the award letter. This report includes a narrative on outcomes based on goals and objectives set forth in the grant proposal and an expenditure report documenting use of grant funds. If equipment was purchased, copies of receipts need to be included.

5. Grantee's Financial Responsibilities

Grantee will keep records of receipts and expenditures of grant funds and other supporting documentation related to the grant at least four (4) years after completion of the grant and will make such records of receipts, expenditures and supporting documentation available to the Foundation upon request.

6. Publicity

The Community Foundation recommends publicity for the grant and acknowledging The Community Foundation in internal correspondence, brochures as appropriate; newsletters, annual reports and email blasts or e-newsletters.

The credit line of "Made possible in part by a grant from the **"S.L. Gimbel Foundation Advised Fund at The Community Foundation – Inland Southern California"** is suggested. When your donors are listed in printed materials, include the S.L. Gimbel Foundation Advised Fund at The Community Foundation in the appropriate contribution size category. When publishing our name, please note the "The" at the beginning of our name is a legal part of our name. It should always be used and capitalized. Attaching our logo is also appreciated. Our logo can be downloaded from our website at www.thecommunityfoundation.net.

7. Indemnification

In the event that a claim of any kind is asserted against the Grantee or the Foundation related to or arising from the project funded by the Grant and a proceeding is brought against the Foundation by reason of such claim, the Grantee, upon written notice from the Foundation, shall, at the Grantee's expense, resist or defend such action or proceeding, at no cost to the Foundation, by counsel approved by the Foundation in writing.

Grantee hereby agrees, to the fullest extent permitted by law, to defend, indemnify, and hold harmless the Foundation, its offices, directors, employees, and agents, from and against any and all claims, liabilities, losses, and expenses (including reasonable attorneys' fees) directly, indirectly, wholly, or partially arising from or in connection with any act or omission by Grantee, its employees, or agents in applying for or accepting the Grant, in expending or applying the Grant funds or in carrying out any project or program supported by the Grant, except to the extent that such claims, liabilities, losses, and expenses arise from or in connection with any bad faith act or omission by the Foundation, its officers, directors, employees, or agent.

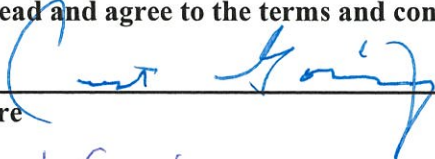
8. Termination

The Community Foundation may terminate this agreement, withhold payments, or both at any time, if, in the Community Foundation's judgment: a) The Community Foundation is not satisfied with the quality of the Grantee's progress toward achieving the project goals and objectives; b) the Grantee dissolves or fails to operate; c) the Grantee fails to comply with the terms and conditions of this agreement.

9. Limitation of Support

This Agreement contains the entire agreement between the parties with respect to the Grant and supersedes any previous oral or written understandings or agreements.

I have read and agree to the terms and conditions of the Grant Agreement.



Signature

Curt Goering

Printed Name

September 3, 2015

Date

Executive Director

Title

Organization: 20132 Center for Victims of Torture
Grant Number: 20150632



Strengthening Inland Southern California through Philanthropy

BOARD OF DIRECTORS September 29, 2015

Philip Savage IV
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Chief Financial Officer

Sergio Bohon
Secretary of the Board

Glenda Bayless

Dr. Paulette Brown-Hinds

Rabbi Hillel Cohn

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Andrew Jaramillo

Dr. Albert Karnig

D. Matthew Pim

Teresa Rhyne

Dr. Henry Shannon

Tamara Sipos

Beverly Stephenson

Randall Tagami

Diane Valenzuela

Curt Goering
Executive Director
Center for Victims of Torture
2356 University Avenue West, Suite 450
St. Paul, MN 55114


Dear Mr. Goering:

The Community Foundation is pleased to enclose a grant check for **\$50,000** from the S. L. Gimbel Foundation, a component fund at The Community Foundation. By cashing the grant check, you are agreeing to the conditions stated under the *Terms of Grant* which you have signed and returned. The completed Grant Evaluation form is due by September 15, 2016 and will be available online on The Community Foundations website under Grants/Forms. Please note that any grant variances or extensions must be requested in writing and in advance. Any remaining grant funds must be returned to The Community Foundation at the end of the grant period.

We greatly appreciate any help you can give us in publicizing the grant. **Please use the following credit in any grant announcements or materials funded by the grant: "The (name of project/program) is supported by a grant from The S. L. Gimbel Foundation."** You may send copies of articles printed in local papers, stories in your agency newsletter, annual report, press releases, and other publications for our files.

If you have any questions, please contact me at 951-241-7777.

Sincerely,


Celia Cudiamat
Executive Vice President of Programs

20150632

39676

GIMB4

Dr. Jonathan Lorenzo Yorba
President and CEO



Confirmed in Compliance
with National Standards for
U.S. Community Foundations

3700 Sixth Street, Suite 200 ~ Riverside, California 92501
P: 951.241.7777 ~ F: 951.684.1911 ~ www.thecommunityfoundation.net

The Community Foundation
 Strengthening Inland Southern California through Philanthropy
 3700 SIXTH STREET, SUITE 200
 RIVERSIDE, CA 92501
 951-241-7777 / FAX 951-684-1911

CITIZENS BUSINESS BANK
 A Financial Services Company
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 90-3414-1222

EZCheck® Check Fraud Protection for Business

39676

PAY * Fifty Thousand and no/100 *

TO THE ORDER OF

DATE

08/27/2015

AMOUNT

\$ ****50,000.00

Center for Victims of Torture
 2356 University Avenue West
 Suite 450
 St. Paul, MN 55114



Jonathan Lorenzo Yuba
 AUTHORIZED SIGNATURE

Security features. Details on back.

⑈039676⑈ ⑆122234149⑆ 244124437⑈

The Community Foundation

39676

20132	Center for Victims of Torture	08/27/2015	039676	
20150632	08/25/2015 Survivors in Nairobi, Kenya			50,000.00
GIMB	S.L. Gimbel Foundation Advised Fund		50,000.00	

CHECK TOTAL: \$ ****50,000.00

The Community Foundation

39676

20132	Center for Victims of Torture	08/27/2015	039676	
20150632	08/25/2015 Survivors in Nairobi, Kenya			50,000.00
GIMB	S.L. Gimbel Foundation Advised Fund		50,000.00	

CHECK TOTAL: \$ ****50,000.00