

#212

COMPLETE

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Q1 Name of your organization.

Riverside Arts Council

Q2 Grant #

20170865

Q3 Grant Period

December 1, 2017 to November 30, 2018

Q4 Location of your organization

City	Riverside
State	CA

Q5 Name and Title of person completing evaluation.

Patrick Brien, Executive Director

Q6 Phone Number:

3232060681

Q7 Email address.

pbrien@riversideartscouncil.com

Page 2: Key Outcomes and Results

Q8 Total number of clients served through this grant funding:

62 participants 937 attendees at culminating events

Q9 Describe the project's key outcomes and results based on the goals and objectives. Use the following format: State the Goal: State Objective 1: Describe the Activities, Results and Outcomes for Objective 1: State Objective 2 (if applicable): Describe the Activities, Results and Outcomes for Objective 2: State Objective 3 (if applicable): Describe the Activities, Results and Outcomes for Objective 3:

State the Goal: Use the arts as a therapeutic tool in working with dementia patients

State Objective 1: Conduct a series of six 8 week workshops in visual art and music in the Plymouth Village memory impairment ward

Describe the Activities, Results and Outcomes for Objective 1: Three visual art workshops were held from January 2018 to June 2018, and three music workshops were held from June 2018 through December 2018. Plymouth Village had been named as an official "Certified Center for Successful Aging" in 2017 by Masterpiece Living, a specialty group committed to helping older adults age in a better way. It was one of a select few communities in the country to receive this designation. The Grove, as its memory impairment unit is called, is one of the reasons. Individuals with Alzheimer's and Parkinson's, as well as those who had been diagnosed as being in the early onset stages of dementia, were included.

In visual art, two painting and one ceramics class was offered. There was a marked improvement in communication between instructors and residents, as well as staff and residents during the remainder of the week outside of class. Staff reported fewer outbursts of anger and frustration. There was also a noticeable improvement in basic motor skills. While fine motor skills in those suffering from these ailments are deteriorating past the point of ever coming back, it is good to see that the arts have an ability to offset the damage, at least temporarily.

In music, each resident connected with songs that they remembered from their past. Different genres and eras were represented. In each case there some that had a negative reaction, simply because the resident didn't like that particular kind of music. But it was more playful, as they were amused by their dislike. And in each case there were multiple remembrances that led to them singing along or moving their heads or hands. The residents were also led by instructors to recreate simple portions of songs on keyboards and percussive instruments. In many cases, they felt drawn to particular instruments. For instance, one always wanted to play a small xylophone. Another always wanted to use the tambourine. Once again, the motor skills showed significant signs of improvement. There was a lot of laughter by residents and staff. It was apparent that they were having a good time, which is highly unusual in these environments.

State Objective 2 (if applicable): Hold culminating exhibitions and performances at Plymouth Village for each workshop, as well as in downtown Riverside at the end of the visual art series and music series.

Describe the Activities, Results and Outcomes for Objective 2: Each exhibition and performance was very well attended, with family members, fellow Plymouth Village residents, local officials and more all coming to show their interest and support. The exhibitions were more passive experiences, while we knew that the performances would be demanding too much from the residents. Therefore these were designed as showcases for the healthiest residents. They were all eye-opening for attendees, as many were unfamiliar with the impact of the arts as a form of therapy.

State Objective 3 (if applicable): Engage family members who had become disengaged

Describe the Activities, Results and Outcomes for Objective 3: This had arisen as an unexpected outcome from a previous session that we had done several years ago at Plymouth Village. Family members who had distanced themselves from their parents or other loved ones because of an inability to deal with their illness had begun to show renewed interest. The same occurred with this program, as well. Seeing their loved ones engaging in this new activity brought an increase in visitation. Visits also began to last longer.

S.L. Gimbel Foundation Fund

Q10 Please describe any challenges/obstacles the organization encountered (if any) in attaining goals & objectives.

There really were no obstacles that we faced, as we had anticipated potential challenges (such as the most severely impacted participants being unable to perform). The staff were eager to have us, as they knew what to expect from our having been there before.

Q11 How did you overcome and/or address the challenges and obstacles?

Careful planning and communication led to there being none to address.

Q12 Describe any unintended positive outcomes as a result of the efforts supported by this grant.

The best part is that we are going to continue our work at Plymouth Village. Although we are having to scale back due to the funding being finite, we continue to have an artist in residence in the memory impairment unit. We now have a theatre person who is working with masks.

Q13 Briefly describe the impact this grant has had on the organization and community served.

As previously stated, we are continuing to provide programs at this facility. It is both for the residents and the staff. As noted in our application for Gimbel funding, the National Endowment of the Arts had done a concept paper on this topic. It showed that "art-related activities in nursing facilities, hospitals and hospices can help patients relax, socialize, find solace or express grief, loss and other emotions, as well as help rejuvenate caregivers experiencing depression, fatigue and burnout." The Gimbel Foundation has allowed us to make an impact on patients, family members and staff.

Page 3: Budget

S.L. Gimbel Foundation Fund

Q14 Please provide a budget expenditure report. Also, provide a budget narrative that explains how the funds were utilized, what was purchased, what were the expensed items based upon the budget that was submitted.

Teaching Artists

\$23,040 from Gimbel

Program Management

\$12,048 from RAC, \$10,000 from Gimbel, total of \$22,048

Supplies

\$1,000 from RAC, \$2,000 from Others; total of \$3,000

Mileage

\$1,948.40 from Others, \$1,000 from Gimbel; total of \$2,948.40

Culminating Events

\$1,440 from Others, \$3,960 from Gimbel; total of \$5,400

Program Administration

\$1,000 from Gimbel

Project total \$57,436.40

Total funding from Gimbel: \$39,000

1. The teaching artists are being paid for planning time (2 hours per week), as well as teaching time (2 hours per week). The breakdown is as follows: 2 artists x 4 hours/wk x \$60/hr = \$480/wk x 8 wks = \$3,840 x 6 = \$23,040.
2. The program management lines refer to the time RAC's Executive Director and Program Director will spend in developing the program. This involves meeting with Plymouth Village staff, working with teaching artists in curriculum development, ongoing supervision and review of the program, development of evaluative measures alongside Plymouth Village staff, coordination of culminating exhibits, as well as promotion of these exhibits to the community and elected officials. The breakdown is as follows: Program Director – 8 hrs/wk x \$18/hr = \$144 x 2,488 = \$7,488; Executive Director – 8 hrs/wk x \$35/hr = \$280 x 52 wks = \$14,560. The total between the two positions was \$22,048, of which Gimbel funding covered \$10,000.
3. The supply line was broken down into \$500 per session x 6 sessions = \$3,000. RAC removed the \$1,000 requested from Gimbel and obtained other funding for this item.
4. Mileage is broken down into categories for teaching artists and RAC staff, although the rates are the same. The breakdown is as follows: 2 artists x 32.8 miles x \$.535 = \$35.10 x 48 wks = \$1,684.80; RAC staff 2 x 32.8 miles x \$.535 = \$35.10 x 36 wks = \$1,263.60. Total amount of \$2,948.40, \$1,000 of which was funded by Gimbel.
5. Culminating events took place both at Plymouth Village's Kendall House, a Victorian mansion on their grounds, and at Mind and Mill in downtown Riverside. While there was a rental fee for use of Mind and Mill, they gave us a considerable break in price (and thus provided an in-kind donation). Plymouth Village is paying for hospitality at their establishment. The breakdown is as follows: Mind and Mill rental – \$2,000; Hospitality - \$3,400. Others funded \$1,440 while Gimbel funded \$3,960.
6. The \$1,000 administrative costs were related to office supplies, payroll and accounting.

S.L. Gimbel Foundation Fund

Q15 Please relate a success story:

Rose was a music teacher when she was younger. She had been silent during the one painting workshop in which she had participated. She sat, not taking part and not engaging. But it seemed as though she liked being in the room. The staff was enthused about her being involved in music, so they made sure she was there for the first session. They also contacted Rose's daughter and son to see if there was a favorite song. The enthusiasm now spread to them. It was Nina Simone's version of "You'd Be So Nice to Come Home To" recorded live at the Newport Concert Hall in 1960. At first Rose had a vacant look in her eye as the instructors played the song. Neither they nor the staff thought that it was going to work after all. Then they saw Rose's eyes slowly close and a single tear fall down her cheek. She took a deep breath, opened her eyes and made eye contact with the instructors and the staff. She nodded her head and smiled. It was as though someone who had been asleep had woken up. But she smiled and she hummed along with songs. When the instructors played rap music, Rose squinted her eyes and said, "No." Rose took part in each of the three music workshops. By the second, she began playing notes on the keyboard with one finger. She perfectly matched the pitch of the songs they were listening to at the time. Rose is currently participating in the theatre and mask workshop.

Q16 Please relate a success story here:

Respondent skipped this question

Q17 Please relate a success story here:

Respondent skipped this question

Page 5: Organizational Information

Q18 Which category best describes the organization. Please choose only one.

Arts & Arts Support

Q19 What is the organization's primary program area of interest?

Arts & Culture

Q20 Percentage of clients served through grant in each ethnic group category. Total must equal 100%

Asian/Pacific Islander	5
Caucasian	90
Hispanic Latino	5

Q21 Approximate percentage of clients served from grant funds in each age category.

Senior Citizens	100
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Q22 Approximate percentage of clients served with disabilities from grant funds.

Physically Disabled	15
Other Disability	85

Q23 Approximate percentage of clients served in each economic group.

Other	100
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Q24 Approximate percentage of clients served from grant funds in each population category.

Elderly	100
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