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Q1 Name of your organization.

Planned Parenthood of Southern New England

Q2 Grant #

20160262

Q3 Grant Period

May 15, 2016-May 15, 2017

Q4 Location of your organization

City	New Haven
State	Connecticut

Q5 Name and Title of person completing evaluation.

Meredith Gaffney

Q6 Phone Number:

203.752.2809

Q7 Email address.

meredith.gaffney@ppsne.org

Page 2: Key Outcomes and Results

Q8 Total number of clients served through this grant funding:

125

Q9 Describe the project's key outcomes and results based on the goals and objectives. Use the following format: State the Goal: State Objective 1: Describe the Activities, Results and Outcomes for Objective 1: State Objective 2 (if applicable): Describe the Activities, Results and Outcomes for Objective 2: State Objective 3 (if applicable): Describe the Activities, Results and Outcomes for Objective 3:

The goal of PPSNE's Amongst Friends Program is to provide individuals with intellectual and developmental disabilities with the information and skills they need to form and maintain healthy relationships with their intimate partners, friends and others.

Objective I: By the end of the grant cycle, PPSNE will refresh and expand partnerships with two leading state agencies (DDS CT and DDS RI) that represent people with intellectual and developmental disabilities.

Activities:

- Convene with State DDS representatives to refresh and expand the Amongst Friends Programs;
- Plan with representatives to leverage opportunities and ensure target populations are reached;

Results:

The Education & Training team revised the curriculum used in the Amongst Friends program through various meetings with the State of Connecticut Department of Developmental Disabilities (DDS) and the Rhode Island Blackwater ARC to learn more about their needs and to gain a better understanding of what educational services they are seeking for their consumers. The outcome of our meetings is that Amongst Friends will be revised and held nine times throughout the state of Connecticut and expanded into the state of Rhode Island for a total of 10 programs.

In September 2016, the Amongst Friends Education & Training team held an all-day meeting with the staff from DDS, (Self Determination Department) and the Self-Advocate Coordinators, (DDS consumers who assist in facilitating components of the program). At this meeting, the revisions were reviewed and all parties were able to provide feedback for the new video components to the curriculum as well as the new activities added to the curriculum.

Objective II:

By the end of the grant cycle, ten PPSNE "Education and Training" Staff will be trained in the Amongst Friends Program curriculum. At that point in time, the People and Development & Support division of PPSNE will configure training for clinical staff to provide patient-centered medical services and patient education to adults with developmental disabilities.

Activities:

- Training 10 staff members in the Amongst Friends Program Curriculum;
- Shadowing and co-facilitating to ensure complete knowledge;
- Transition training to PDS for clinical health staff.

Results:

All Planned Parenthood of Southern New England Education and Training Staff were contributed to the building of the curriculum and were also trained in the program facilitation. This included shadowing, co-facilitating and teamwork with the DDS staff members. Staff then conducted trainings in health centers to extend patient-centered medical services and patient education to adults with developmental disabilities.

Objective III: Within the grant cycle, PPSNE will teach 75 participants about healthy relationships, sexuality, and controlling their fertility.

Activities:

- 6 part training in target areas over a six month period.

Results:

Planned Parenthood of Southern New England conducted 10 Amongst Friends Workshops reaching 125 individuals while addressing

the following topics:

- **Setting Boundaries:** The Amongst Friends Program teaches individuals about the different types of relationships and understanding boundaries with regards to physical space and how we speak to one another.
 - **Communication and Friendships:** The Amongst Friends Program teaches individuals about the different types of friendships and how to express their emotions and needs effectively and appropriately.
 - **Healthy relationships and sexual assault:** The Amongst Friends Program helps participants understand how to form and maintain healthy romantic relationships with communication and problem-solving skills. It also teaches them about consent and the differences between flirting and sexual aggression.
 - **Sexuality:** Participants learn about the reproductive systems, puberty, and normal sexual feelings.
 - **Sexual consent and risks involved:** Participants review the many facets of becoming sexually active and enthusiastic consent.
 - **Birth control and Sexually Transmitted Infections (STIs):** The Amongst Friends Program participants learn about the transmission, symptoms and treatment of STIs and HIV/AIDS, and how to keep themselves and their partners safe.
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Q10 Please describe any challenges/obstacles the organization encountered (if any) in attaining goals & objectives.

Transportation was an ongoing challenge for the participants of the Amongst Friends Program. The vast majority of the participants do not drive and had difficulty in arranging transportation for some of the sessions which contributed to absences in some of the classes. Nevertheless it did not affect the attrition rate.

Q11 How did you overcome and/or address the challenges and obstacles?

The PPSNE staff found that the most efficient way to overcome the transportation issues was to hold consistent meeting times with enough time to arrange for transport.

Q12 Describe any unintended positive outcomes as a result of the efforts supported by this grant.

One of the unintended positive outcomes from the Amongst Friends Program included additional resources for individuals with developmental disabilities. After the Amongst Friends program, the Rhode Island ARC of Blackstone Valley realized that many of the participants had initiated relationships on-line. At that juncture, they initiated a class to discuss on-line internet safety directed specifically for individuals with developmental disabilities.

Q13 Briefly describe the impact this grant has had on the organization and community served.

The Amongst Friends Program offered a great sense of community for all of the participants. Many of the participants left the program with a newly acquired confidence backed with knowledge of their bodies and rights. Some of the participants also started to seek out additional resources for setting boundaries with the relationships in their community. Furthermore, PPSNE's education and clinical staff are more culturally-competent in regards to serving individuals with intellectual/developmental disabilities and providing care and education that meets their needs.

Page 3: Budget

Q14 Please provide a budget expenditure report of the approved line items. Include a brief narrative on how the funds were used to fulfill grant objectives.

Thanks to generous grant of the S.L. Gimbel Foundation, Planned Parenthood of Southern New England was able to rewrite a curriculum with counterparts, update services and provide training for 125 individuals with developmental disabilities.

Page 4: Success Stories

Q15 Please relate a success story:

One of the unintended positive outcomes from the Amongst Friends Program included additional resources for individuals with developmental disabilities. After the Amongst Friends program, the Rhode Island ARC of Blackstone Valley realized that many of the participants had initiated relationships on-line. At that juncture, they initiated a class to discuss on-line internet safety directed specifically for individuals with developmental disabilities.

Q16 Please relate a success story here:

Respondent skipped this question

Q17 Please relate a success story here:

Respondent skipped this question

Page 5: Organizational Information

Q18 Which category best describes the organization. Please choose only one.**Medical/Health/Public Agency****Q19** What is the organization's primary program area of interest?**Health & Human Services****Q20** Percentage of clients served through grant in each ethnic group category. Total must equal 100%

African American	20
Asian/Pacific Islander	0
Caucasian	68
Native American	0
Hispanic Latino	6
All Ethnicities	6

Q21 Approximate percentage of clients served from grant funds in each age category.

Young Adults (18-24)	25
Adults	75

Q22 Approximate percentage of clients served with disabilities from grant funds.

Other Disability	100
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Q23 Approximate percentage of clients served in each economic group.

Respondent skipped this question

Q24 Approximate percentage of clients served from grant funds in each population category.

Single Adults	100
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