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Q1 Name of your organization.

Planned Parenthood of Delaware

Q2 Grant #

20160259

Q3 Grant Period

May 16, 2016 to May 16, 2017

Q4 Location of your organization

City	Wilmington
State	Delaware

Q5 Name and Title of person completing evaluation.

Cat Dukes

Q6 Phone Number:

302-224-8099 ext 4

Q7 Email address.

cdukes@ppde.org

Page 2: Key Outcomes and Results

Q8 Total number of clients served through this grant funding:

682

Q9 Describe the project's key outcomes and results based on the goals and objectives. Use the following format: State the Goal: State Objective 1: Describe the Activities, Results and Outcomes for Objective 1: State Objective 2 (if applicable): Describe the Activities, Results and Outcomes for Objective 2: State Objective 3 (if applicable): Describe the Activities, Results and Outcomes for Objective 3:

Due to the grant from S.L. Gimbel Foundation, Planned Parenthood of Delaware (PPDE) was able to launch a peer education program, which has been a long term goal for the organization. The first objective for this new program was to hire the Teen Council Coordinator, which was accomplished by August, 2016. Next, the Teen Council Coordinator had to implement the new program along with recruiting Teen Council members. In October, 2016 Planned Parenthood of Delaware's Teen Council was officially launched with six initial members. In mid-December a seventh member joined. These seven members come from three Delaware high schools, and also come from diverse backgrounds. These individuals range in age from 13-17; are in grades 9-11; and identify as Black, White, Asian, or Other races. The Teen Council members also represent diversity in gender identity with three young women, one young man, and three gender non-conforming individuals.

The Teen Council program is a peer-led sexuality education program whose goal is to positively change sexual health attitudes, behaviors, and beliefs among Delaware teens while empowering them in their own strengths. Teen Council members go through extensive training to learn how to make presentations to their peers on a variety of issues, including sexual health, healthy relationships, gender, identity, sexual orientation, race, diversity and oppression.

Teen Council members met weekly to learn about comprehensive sexuality topics and to share their new knowledge with each other. During the past year, Teen Council members learned the following topics:

- Diversity in classrooms
- Sexuality as a life-long experience
- Anatomy and physiology
- Birth-control methods
- Communication styles
- Planned Parenthood services
- How to answer sexuality questions
- Circles of Sexuality
- Consent
- Setting the tone in a classroom
- How to introduce yourself
- How to manage a classroom

Unanimously, all Teen Council members stated that they were excited to be a part of this program, because this was the only place where they were learning this critically needed information and skills. They also reported being grateful to be able to share this information with their friends and family; increasing the number of people who have access to this information. By participating in Teen Council, the members have gained confidence, awareness, and empathy. Thus, becoming responsible, socially-aware, role-models to the larger Delaware community. As a result of their training, Teen Council members demonstrate what it looks like to be proud and responsible for one's own actions. Their confidence and knowledge is passed on to their peers, who in turn are creating more well-informed, responsible teens throughout the state. Another benefit of this program is providing more teens with access to information and health-services offered by Planned Parenthood of Delaware.

This past year, seven members were directly served by the Teen Council program. In addition to tracking formal presentations, informal education in the form of conversations with friends and family is also tracked. Teen Council members have reported 48 conversations

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with 48 unique individuals based on sharing educational information they received during their formal Teen Council meetings. In formal, classroom settings, Teen Council members taught a total of 28.5 hours in 25 classes to 627 youth (grades 6-12).

Exit surveys were taken by all participants of Teen Council presentations. The results of these surveys were compiled by Philliber Research and Evaluation and showed that 88% of those who attended a Teen Council presentation felt they had learned something new from the presentation. Seventy-three percent (73%) reported learning something new about where to go for sexual health services. Additionally, 95% reported that the Teen Council members presenting the information were knowledgeable about the topics being presented, were open and non-judgmental, and able to answer all questions asked throughout the presentation fully and honestly.

Exit surveys were also given to Teen Council members at the close of the school year. According to these surveys, 100% reported using protection every time they had intercourse over the past year. Additionally, 100% reported that because of their involvement in Teen Council, they were able to make a difference with others in their communities. Several responded that they were able to help friends prevent sexually transmitted infections and pregnancy due to their increased understanding of how conception itself works, the various contraceptive methods as well as how to use a condom.

Q10 Please describe any challenges/obstacles the organization encountered (if any) in attaining goals & objectives.

The goals and objectives, which were written in the grant application, were based upon research conducted by other Planned Parenthood across the country who have already implemented Teen Council. According to that research, we believed that an ideal Teen Council would consist of 12-15 members, begin meeting in September, and start teaching by November. If the Teen Council members had been able to present by November, then an average of 10 teaching hours/member would have been reasonable, and reaching 1,800 would have been an obtainable; therefore, meeting the objectives outlined in the grant application.

After attending the Teen Council training, we realized that a more reasonable expectation in the first year was to focus on building and recruiting for future years; thus, having between two to five members was more realistic. Another challenge was the late hiring of the Teen Council Coordinator; thus, delaying start date of the Teen Council meetings until October. This made it difficult for presentations to begin in November.

Q11 How did you overcome and/or address the challenges and obstacles?

Our program is modeled on the Peer Education Institute's (PEI) Teen Council program, a program that has been in existence for over 20 years. The initial grant proposal was based on research gathered over the past two years about what a successful peer-led sexuality education should look like as well as the ideal number of participants in a Teen Council program based on information provided by PEI. Therefore, our goal and objectives outlined in the grant were based upon an established Teen Council program, and not on a brand new one. Also, the initial proposed timeline had the Teen Council selection process occurring in late spring/early summer of 2016 with Teen Council meetings beginning in September and presentations beginning in November. As a way to address this challenge (an abbreviated time line in 2016), Planned Parenthood of Delaware has already recruited 14 Teen Council members, and has scheduled presentations for the fall of 2017.

Q12 Describe any unintended positive outcomes as a result of the efforts supported by this grant.

Teen Council members have all reported that they found a place where they feel accepted and free to ask questions. They have made new friends and found inner strength/ self-confidence. Through their participation, they have a stronger connection with Planned Parenthood. Thus, providing them with supportive adults, close peers, and a medical home for reproductive care. The Teen Council program also helps fill an important gap in sexuality education. Many of the Teen Council members are from oppressed or marginalized groups. Through training and presentations, local educators and community providers were able to hear the voices of oppressed or marginalized groups sharing what they valued, what they learned and what they need.

Q13 Briefly describe the impact this grant has had on the organization and community served.

As this was the first year of the Teen Council program, there is not significant data to speak to the overall purpose, which is to reduce unintended pregnancies and lower the rate of STI's and HIV, and the intent to increase access to reproductive healthcare among Delaware teens statewide. Having said that, the data collected from the first year indicate 73% of those surveyed have an increased knowledge of how to access reproductive health services. According to the Guttmacher Institute, knowledge and access to reproductive health care directly correlates to a reduction in unintended pregnancies and STI's and HIV transmission. Furthermore, research conducted by Philliber Research Associates (PRA), studies from established Teen Council programs show significant improvements in youth accessing contraception at a clinic such as Planned Parenthood and being tested for HIV and other STIs with their current partner.

Page 3: Budget

Q14 Please provide a budget expenditure report of the approved line items. Include a brief narrative on how the funds were used to fulfill grant objectives.

Of the total grant, 43% (\$20,000.00) was allocated and used towards the hiring and salary of the part-time position – Teen Council Coordinator. The remaining balance (\$27,040.00), 36% (\$10,000.00) was used to pay the start-up fee to the Peer Education Institute (PEI); the materials and resources necessary to run a Teen Council program; 19% (\$5,040.00) was allocated and used for overhead costs; and the rest was used to cover mileage cost for Teen Council members attending presentations (\$1,978.10). There were also expenses for the 2016 retreat, and some additional PEI training costs. Teen Council supplies consisted of food for meetings, art supplies, and Teen Council T-shirts and Sweatshirts required for cohesive presentations. Funds from this grant were also used for staff development and training opportunities including the National Sexuality Education Conference (NSEC) and any additional PEI training costs.

We did not spend all of the remaining money by the end date of the grant because of fewer than anticipated Teen Council members. We are requesting to use the rest of the budgeted money towards continuing the functioning of Teen Council throughout the summer. This includes \$2000.00 to PEI for membership dues, \$1,575.00 for Teen Council Retreat, and \$700.00 for NSEC.

Page 4: Success Stories

Q15 Please relate a success story:

During the closing activities session, one of the Teen Council Members wrote the following note to the Teen Council Coordinator:

"First of all, thank you for everything. You're one of the first adults in my life I'd been able to open up to about stresses I have about the future with no fear of judgement. You have been the best possible person who could have led Teen Council; you're incredibly accepting, very supportive, and I've never met a more understanding person honestly. Looking forward to seeing you through the whole year!"

This member began the year incredibly shy and closed off. He was not comfortable speaking about his own experiences or really sharing himself. During his initial interview, when asked why he wanted to join Teen Council, one of the reasons he expressed was because he felt rather alone and wanted the opportunity to meet new people. His wasn't the only comment/sentiment either. All Teen Council members bonded with one another, creating a solid core of welcoming individuals, eager to learn and share.

In May, 2017, this same Teen Council member volunteered to be on a panel discussing Katie Couric's documentary on "Gender Revolution." In front of over 150 people he talked about his experiences. His voice made a difference on the panel. Afterwards, all of the other panelists came over to thank him for the contribution he made through his presence and words. Other students in the audience came up as well because they could relate to him. He would not have had that opportunity without the Teen Council program. And the Teen Council program in Delaware would not exist without your grant funding.

Q16 Please relate a success story here:

Respondent skipped this question

Q17 Please relate a success story here:

Respondent skipped this question

Page 5: Organizational Information

Q18 Which category best describes the organization. Please choose only one.

Medical/Health/Public Agency

Q19 What is the organization's primary program area of interest?

Health & Human Services

Q20 Percentage of clients served through grant in each ethnic group category. Total must equal 100%

Respondent skipped this question

Q21 Approximate percentage of clients served from grant funds in each age category.

Youth ages 13-18

682

Q22 Approximate percentage of clients served with disabilities from grant funds.

Respondent skipped this question

Q23 Approximate percentage of clients served in each economic group.

Respondent skipped this question

Q24 Approximate percentage of clients served from grant funds in each population category.

Respondent skipped this question
