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COMPLETE

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Q1 Name of your organization.

Planned Parenthood California Central Coast

Q2 Grant #

20170992

Q3 Grant Period

December 1, 2017 to November 30, 2018

Q4 Location of your organization

City	Santa Barbara, Ventura, Oxnard, Fillmore, Camarillo, Ojai
State	CA

Q5 Name and Title of person completing evaluation.

Jennifer Navarro Rios, Foundation Relations and Grants Manager

Q6 Phone Number:

(805) 722-1523

Q7 Email address.

Jennifer.Navarro@ppcentralcoast.org

Page 2: Key Outcomes and Results

Q8 Total number of clients served through this grant funding:

211

Q9 Describe the project's key outcomes and results based on the goals and objectives. Use the following format: State the Goal: State Objective 1: Describe the Activities, Results and Outcomes for Objective 1: State Objective 2 (if applicable): Describe the Activities, Results and Outcomes for Objective 2: State Objective 3 (if applicable): Describe the Activities, Results and Outcomes for Objective 3:

Goal: Provide vulnerable Santa Barbara and Ventura County teens ages 12-18 with comprehensive sex education to ensure they have the knowledge, skills, and resources to prevent unintended pregnancy and STIs.

Objective 1: Provide MPC programming and supplemental modules to 190 youth during fiscal year 2017-18.

Planned Parenthood California Central Coast (PPCCC) remains grateful for the \$25,000 grant we received from the S.L. Gimbel Foundation. Through this grant, we supported our sex education programming, Making Proud Choices! California Edition (MPC) in Santa Barbara and Ventura Counties. We are excited to report that we achieved our goal to provide vulnerable Santa Barbara and Ventura County teens ages 12-18 with comprehensive sex education to ensure they have the knowledge, skills, and resources to prevent unintended pregnancy and sexually transmitted infections (STIs). We exceeded our objective to provide MPC programming to 190 teens and provided programming to 211 teens in Santa Barbara and Ventura Counties through 10 education cohorts. All program participants were given Planned Parenthood Chat/Text Program promotional cards as part of their resource packets.

This year we were able to partner with new community partners, Rainbow Umbrella and Casa Pacifica's Non Public School in Ventura County. We are proud to have partnered with Rainbow Umbrella, which provides a supporting environment for LGBTQ+ youth and their allies. This year, we served a total of 35 youth who identified as transgender or non-binary.

We offered each community partner the option to schedule a parent/guardian orientation prior to the start of programming where parents could learn more about the program, meet the educator, and ask questions. We delivered two Spanish-language parent/guardian orientations. We also offered community partner staff the opportunity to participate in an orientation to learn more about programming and ask question. We delivered eight partner staff orientations. Additionally, partners were able to schedule health center tours at the end of programming and we provided one health center tour.

Q10 Please describe any challenges/obstacles the organization encountered (if any) in attaining goals & objectives.

PPCCC is happy to share that we did not experience any significant challenges or obstacles in attaining the stated goals and objectives this year. Last year, we experienced scheduling challenges, as well as challenges with community partner staff. We were able to address these challenges this year by offering partners more scheduling flexibility and providing orientations for community partner staff.

Q11 How did you overcome and/or address the challenges and obstacles?

As previously mentioned, this year, we were able to offer partners more flexibility with program scheduling. We offered partners the ability to schedule more than one module per day or week to shorten overall implementation timelines for MPC. For example, one community partner chose to have three modules per week and this shortened the implementation timeline for them from 14 weeks to five weeks. In one case, a partner serving youth in foster care preferred shorter 45 minute modules, and agreed to more programming dates. This flexibility ensured that we best met partner needs and improved youth retention.

This year we also worked closely with our community partners to implement partner staff orientations. These orientations allowed us to inform our community partners on our curriculum, current policy trends (i.e. the California Healthy Youth Act), support for sex education and tips on how to talk to youth and answer questions about sexuality. This time also allowed us to review classroom management and safety protocols.

Q12 Describe any unintended positive outcomes as a result of the efforts supported by this grant.

Following MPC evaluation during the summer of 2017, we added five supplemental modules to make MPC programming more comprehensive including: one self-identity module, one sexual and reproductive anatomy and physiology module, two healthy relationship modules, and a Positively Speaking presentation. These modules enhance LGBTQ+ inclusivity, provide a baseline of knowledge for all youth, and educate youth on forming healthy relationships. Positively Speaking offers youth a unique opportunity to better understand and develop compassion for individuals affected by HIV. We are happy to share that as a result of these modules, 100% of program participants reported that they strongly agreed or agreed with the following: having a better understanding of gender identity and sexual orientation; the educator respected their gender identity and sexual orientation; they felt safe in the classroom; and increased likeliness to correct friends on myths about sex, relationships, and/or gender identity.

Q13 Briefly describe the impact this grant has had on the organization and community served.

PPCCC is focused on offering youth sex education that is tailored to meet their needs. This grant has allowed our communities to have access to sex education that is comprehensive, medically accurate, trauma-informed and inclusive. Our educators are trained to create a safe space where youth can explore different topics and feel comfortable asking questions. Educators also focus on creating a safe space where all youth can see themselves reflected in the curriculum, regardless of sexual orientation or gender identity. Funding from this grant has allowed our educators to be trained on trauma-informed care techniques and LGBTQ+ inclusivity.

Page 3: Budget

Q14 Please provide a budget expenditure report. Also, provide a budget narrative that explains how the funds were utilized, what was purchased, what were the expensed items based upon the budget that was submitted.

PPCCC used funds from the S.L. Gimbel Foundation to support our two community health educators in Santa Barbara and Ventura Counties for their work related to the MPC program. This included training and time spent implementing MPC. Of the \$25,000, \$12,500 supported our community health educator in Santa Barbara County and \$12,500 supported our community health educator in Ventura County. Our Foundation Relations and Grant Manager, Jennifer Navarro Rios, has emailed the payroll report for our two educators that show the cost of the two health educators to PPCCC.

Page 4: Success Stories

Q15 Please relate a success story:

MPC has been very successful in engaging youth. One youth in particular, Rosita, was so impacted by our programming that she became our advocate and was invited to speak at our annual dinner. She shared her following story with over 600 guests at the annual dinner:

"My name is Rosita Lopez. I am a senior at Channel Islands High School and I'm 18.

I'm so glad to be here tonight. I'll start off with some of my background. I am an indigenous, young, advocating woman. My mother is from Oaxaca and I was born in Sinaloa, Mexico. We speak the beautiful Zapotec language. I was brought to the US at the age of three and I've been here since. I identify as part of the LGBT family. My biggest inspiration is my mother because she has teared down walls for her kids. She has worked hours day and night to provide food for us, and most of all for being both mother and father to her 4 children.

My first experience with sex-ed came about in my freshman year of high school. I had a "health class" where I was taught about drugs, alcohol, and sex. All the other topics besides sex were emphasized, but sexual health was always the awkward topic. By the end of the semester all I took from the class was: Don't do drugs, Alcohol is an addiction, AND IF you have sex, use a condom.

The first time I really felt comfortable talking about sex, sexually transmitted infections, pregnancy, and learning new things that I didn't know about my body, was 3 years later when I was a part of Making Proud Choices with one of Planned Parenthood's health educators, Cindy Cruz. Having weekly meetings with Cindy and going into detail with the topics made me a lot more comfortable to talk to my mom and even my younger sister. Meeting with MICOP's Tequio Youth Group made things even easier since I already feel comfortable with our coordinator Sonya Zapien and the young teens that were also trying to get informed. I attended two courses with Cindy, the first time around it was a success and the second time around the curriculum, it was hard for me to stay quiet because I knew all the answers and I wanted to answer every question.

Before having this opportunity talking with my mom about sex and relationships was really hard, and awkward, mainly because she wasn't as informed and didn't want to give me the wrong information. But mainly because we are "old fashioned" we don't talk about sex! It's something that shouldn't even be mentioned or something we just need to figure out on our own.

So after every class with Cindy I would tell my mom what I learned, she'd even call my sister over so she can get the information and I'd save my mom from the hassle of giving her "the talk".

Planned Parenthood has definitely made the topic of sex and sexuality easier to talk about. I absolutely think that having this information has made me feel a lot safer. And it has inspired me to spread this important information with my peers not only for their safety but for their partner's safety as well.

With that being said I really hope that we can work together to have more young teens informed and ready for when they chose to engage in sexual activities. Thank you for having me, and thank you for listening!"

Rosita's story reflects the experience of many of the youth we serve who often don't get the sex education they need or deserve until they participate in our programming. Additionally, teens are given the tools to improve their ability to communicate with their parents, take charge of their sexual and reproductive health, and influence their ability to achieve overall positive life-long health outcomes.

Q16 Please relate a success story here:

Respondent skipped this question

Q17 Please relate a success story here:

Respondent skipped this question

Page 5: Organizational Information

Q18 Which category best describes the organization. Please choose only one. Other (please specify): Sexual and Reproductive Health Organization

Q19 What is the organization's primary program area of interest? **Health & Human Services**

Q20 Percentage of clients served through grant in each ethnic group category. Total must equal 100%

African American	2
Asian/Pacific Islander	0
Caucasian	29
Native American	4
Hispanic Latino	61
All Ethnicities	0
Other	4
Unknown	0

Q21 Approximate percentage of clients served from grant funds in each age category.

Children Birth-05 years of age	0
Children ages 06-12 years of age	31
Youth ages 13-18	48
Young Adults (18-24)	15
Adults	0
Senior Citizens	0

Q22 Approximate percentage of clients served with disabilities from grant funds. **Respondent skipped this question**

Q23 Approximate percentage of clients served in each economic group. **Respondent skipped this question**

Q24 Approximate percentage of clients served from grant funds in each population category. **Respondent skipped this question**