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Page 1

Q1 Name of your organization.

El Sol Neighborhood Educational Center

Q2 Grant #

20140818

Q3 Grant Period

Dec 1, 2014 to Nov 30, 2015

Q4 Location of your organization

City	SAN BERNARDINO
State	California

Q5 Name and Title of person completing evaluation.

Alexander Fajardo

Q6 Phone Number:

909-884-3735

Q7 Email address.

alex fajardo@elsolnec.org

Page 2: Key Outcomes and Results

Q8 Total number of clients served through this grant funding:

333

Q9 Describe the project's key outcomes and results based on the goals and objectives. Use the following format: State the Goal: State Objective 1: Describe the Activities, Results and Outcomes for Objective 1: State Objective 2 (if applicable): Describe the Activities, Results and Outcomes for Objective 2: State Objective 3 (if applicable): Describe the Activities, Results and Outcomes for Objective 3:

El Sol's Maternal, Infant, and Early Childhood Home Visiting supports pregnant women and families and helps at-risk parents of children from birth to kindergarten entry tap the resources and hone the skills they need to raise children who are physically, socially and emotionally healthy and ready to learn. El Sol's program is based on the Healthy Families America (HFA) model, a federally recognized home visitation model designed to promote child well-being and prevent the abuse and neglect of children. The goals of the program are to:

- Build and sustain community partnerships to systematically engage overburdened families in home visiting services prenatally or at birth
- Cultivate and strengthen nurturing parent-child relationships
- Promote healthy childhood growth and development
- Enhance family functioning by reducing risk and building protective factors

During the 2014-2015 program year, El Sol served a total of 333 families through the HFA program. Overall, 82% of the 363 participants self-identified themselves as Hispanic by ethnicity and Spanish as their primary language. Additionally, 98% received an AAPI assessment and 96% completed it. The program was successful in promoting breastfeeding. 92 percent of mothers were breastfeeding at the hospital, 75 percent were still breastfeeding 2 weeks postpartum, and 53 percent were breastfeeding at 6 weeks postpartum

Project Outcomes Summary

Postpartum Depression

- o Screened – 92%
- o Referral (if required) – 7% (18 individuals)

Topics discussed during first home visit

- o Tobacco (if there is a user) – 2%
- o Prenatal Care – 99%
- o Passenger Safety – 98%
- o Water Safety - 93%
- o Home Safety – 96%

Healthy insurance referral for child(ren) – if necessary

- o 8% - of this 92% obtained insurance

Immunizations

- o Birth shots – 95%
- o 1-2 month shots – 92%
- o 2 month shots – 84%
- o 4 month shots – 81%
- o 6 month shots – 72%

Medical home linkage – if necessary

- o 4% of total

Average of 92% of clients completed the AAPI documents

51% of clients and home visitor complete the family goal plan

El Sol HFA Program is designed for parents facing challenges such as single parenthood; low income; childhood history of abuse and other adverse child experiences; and current or previous issues related to substance abuse, mental health issues, and/or domestic violence. El Sol's HFA program aims to (1) reduce child maltreatment; (2) improve parent-child interactions and children's social-emotional well-being; (3) increase school readiness; (4) promote child physical health and development; (5) promote positive parenting; (6) promote family self-sufficiency; (7) increase access to primary care medical services and community services; and (8) decrease child injuries and emergency department use.

Q10 Please describe any challenges/obstacles the organization encountered (if any) in attaining goals & objectives.

This year the Home Visitation Expectant Mothers Program encountered some challenges that were overcome.

Obstacle # 1: One of our main challenges this year was the need for maternal mental health services for the mothers being served. Most mental health services do not provide services in Spanish or cannot take families who are undocumented.

Obstacle # 2: Other challenges has been getting mothers to breast feed at least until baby is six weeks old. In the first semester of the program only 85 mothers had exclusively breast fed at birth, 60 at two weeks and 42 at six weeks.

The lack of cultural competence services in the County is high and this specific program require to provide a lot of referrals and linkage to the families we served.

Q11 How did you overcome and/or address the challenges and obstacles?

Obstacle # 1: One of the programs who helped with the need for this service was Mamas y Bebes program; an eight session support group for pregnant or parenting women. Additionally, El Sol has partnered up with Corazon Counseling Services to provide Spanish mental health services for an affordable price. Corazon Counseling Services specializes in maternal mental health.

Obstacle # 2: To resolve this challenge, El Sol partnered with Loving Support to train home visitors to support the mothers when they are struggling with breast feeding. Immediately results were seen. Home Visitors were able to help mothers because of the training they received.

El Sol created a resource booklet for the Home Visitor with all of the services available so they can provide the correct information when is needed. In addition, El Sol developed 12 MOU's with different organization to better help our families

Q12 Describe any unintended positive outcomes as a result of the efforts supported by this grant.

We want to highlight that this program also encouraged the to participate, as their involvement is crucial to their child's development. The program had to changed to offer activities that incorporates the father's participation; such as the family's goals and values.

Some Fathers at the graduation expressed how the intervention by the Home Visitors changed their prospective of bonding; supporting, etc.

Another positive outcome was that Mothers that were served through this program requested more information in how they can become a Community Health Worker/Home Visitor.

Q13 Briefly describe the impact this grant has had on the organization and community served.

EI Sol's Home Visitation programs are having an important and significant impact on the lives of children and families, particularly vulnerable populations who are at risk of poor health outcomes. The observed effect of home-visitation programs seems to be greatest in high-risk populations, such as mothers who are teenagers, unmarried, poor, or have been abused themselves, and in children who are preterm or low birth weight. Additionally, there are direct postpartum outcomes related to home visiting programs:

Postnatal Effects

- Fewer subsequent pregnancies
- Increased spacing between pregnancies
- Increased length of maternal employment
- Increased rate of return to, or retention in, school by mothers
- Fewer emergency department visits
- Fewer accidental injuries and poisonings resulting in a visit to the physician
- Decrease in the number of verified incidents of child abuse and neglect
- Decrease in physical punishment and restriction of infants, with an increase in use of appropriate discipline for older children
- Improved maternal-child interaction and maternal satisfaction with parenting
- Increased use of appropriate play materials at home
- Improved growth in low-birth-weight infants
- Higher developmental quotients in infants visited

Long-term Effects

- Fewer subsequent pregnancies
- Reduced maternal criminal behavior
- Decrease in use of welfare
- Decrease in verified incidents of child abuse and neglect
- Less maternal behavioral impairment attributable to alcohol and drug abuse

Page 3: Budget

Q14 Please provide a budget expenditure report of the approved line items. Include a brief narrative on how the funds were used to fulfill grant objectives.

- 1) Program Coordinator Salary \$ 8,835.35
- 2) Program Coordinator Benefits \$ 2,076.30
- 3) Program Incentives and Materials \$ 11,328.32
- 4) Travel \$ 2,760.03

Page 4: Success Stories

Q15 Please relate a success story:

We had the opportunity to serve a young teen mother with a 6 month gestational pregnancy until April 26 of this year, until tragic news hit her and her family. One night she began to have contractions and rushed scared to the hospital to find out that she was in active labor only at 6 months in her pregnancy. She was alone in the hospital and felt no support from the nurses while she was going through labor pains. When she stood up to go to the restroom is when she realized the baby was coming 3 months early. She had many mixed emotions, one of them was feelings of anger towards the hospital nurses because she felt they could have done more for her and her baby. Her heart broke when she saw her baby girl breathing and implored for help, but the nurses replied "sorry we cannot do anything she is too small". Even though her first experience of labor was far from what she expected, with tears in her eyes, she focused on continuing with her goals to finish school and find employment.

After she was discharged from the hospital her most significant stress was how she was going to pay for the mortuary services. She felt a lot of support from her immediate family as well as her church family. Throughout the expectant mothers program (which she loves) was able to identify her lifelines and gain coping skills such as cognitive thinking. She learned how to better care for herself and those around her. In the beginning of the program nurturing was an unfamiliar word for her as she never heard it in her life. But now that she is starting the program for the second time she wants to share with her family the power of love through nurturing herself, her baby and her entire family. On June 24, after she visited the clinic, she confirmed that she is pregnant for the second time and would like nothing more to share her joy and journey with El Sol Expectant Mothers program.

The challenges she had in her first pregnancy are now viewed as opportunities to become a better and healthier parent. Now she is very confident to ask doctors questions regarding her health and the baby's health. The first time she began in the program she viewed her legal status as an obstacle and now is connected to local organization that supports her and her goal to finish school

Q16 Please relate a success story here:

Respondent skipped this question

Q17 Please relate a success story here:

Respondent skipped this question

Page 5: Organizational Information

Q18 Which category best describes the organization. Please choose only one.

Respondent skipped this question

Q19 What is the organization's primary program area of interest?

Health & Human Services

Q20 Percentage of clients served through grant in each ethnic group category. Total must equal 100%

African American	2
Caucasian	4
Hispanic Latino	85
Unknown	9

Q21 Approximate percentage of clients served from grant funds in each age category.

Adults	100
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Q22 Approximate percentage of clients served with disabilities from grant funds.

Physically Disabled	1
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S.L. Gimbel Foundation Fund

Q23 Approximate percentage of clients served in each economic group.	Migrant Worker	50
	Working Poor	50

Q24 Approximate percentage of clients served from grant funds in each population category.	Families	100
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