

#54



**COMPLETE**

**Collector:** Web Link 1 (Web Link)

**Started:** Monday, November 23, 2015 9:40:12 AM

**Last Modified:** Monday, November 23, 2015 11:06:39 AM

**Time Spent:** 01:26:26

**IP Address:** 67.41.4.198

---

PAGE 1

---

<b>Q1: Name of your organization.</b>	Crossroads for Women
<b>Q2: Grant #</b>	20140731
<b>Q3: Grant Period</b>	11/1/14-11/16/15
<b>Q4: Location of your organization</b>	
City	Albuquerque
State	New Mexico
<b>Q5: Name and Title of person completing evaluation.</b>	Jennifer Gardner, CFO
<b>Q6: Phone Number:</b>	505.242.1010
<b>Q7: Email address.</b>	jennifergardner@crossroadsabq.org

---

PAGE 2: Key Outcomes and Results

---

<b>Q8: Total number of clients served through this grant funding:</b>	71 adult mothers and 121 children
---	-----------------------------------

---

**Q9: Describe the project's key outcomes and results based on the goals and objectives:**

The Family Specialist offered support services to the women at Maya's Place and Crossroads for Women and provided crisis intervention, personal and legal advocacy, as well as individual and group life skills training, in order to support the women in achieving stable, self-sufficient family systems and dynamics. The Family Specialist:

- Provided home-based family assessments and determined needed services based on assessment outcomes.
- Developed, implemented, and provided individual and group parenting skills training to families.
- Provided psycho-education related to parenting and co-occurring disorders, and other family issues as identified.
- Provided case management, as appropriate, for family related matters in coordination with the client's primary case manager.
- Intervened and advocated for the family with educational entities involved.
- Consulted with other agencies and care providers, as appropriate, to provide comprehensive treatment for clients served; makes clients referrals when indicated.
- Established and maintained case files, referrals and other related documents for the treatment of clients; prepared required documentation related to the clients care.
- Assisted women in working through challenges with other family and/or significant relationships in order to break cycles of destructive habits within family systems.
- Helped women identify and access community resources in order to maintain journey towards self-sufficiency.

The three measurable outcomes for the project are:

1. Goal: 85% of women in program housing who are mothers will be actively engaged in Family Support services. Outcome: 96% mothers of minor children were served by the Family Specialist during grant period.
2. Goal: 85% of the women who are working with the Family Specialist will report progress on their Family/Parenting goals as identified in their 90 day treatment plan reviews. Outcome: 100% of women working with the family specialist have reported progress on their family/parenting goals in the past 2 90-day treatment plan reviews. Additionally in this period of time, we have had 4 women reunify successfully with their children.
3. Goal: 100% of the women being served by the Family Specialist will not have a substantiated case of child abuse or neglect while in the program. Outcome: 100% of the women being served by the Family Specialist have no substantiated cases of child abuse/neglect during this grant period. In fact, one of our clients who has reunified successfully with her child did so by completing her treatment plan with CYFD with the support of the Family Specialist.

---

**Q10: Please describe any challenges/obstacles the organization encountered (if any) in attaining goals & objectives.**

- Summer - out of school periods are a difficult time for our families, with extra pressure on relationships as kids are out of school, "learning loss" during unstructured months, lack of day care, and food scarcity in the absence of school programs.
  - Resources - It continues to be very difficult for the women in our program to access transportation, car seats, and basic supplies like diapers, baby food.
  - Learning and materials & resources- to support the interventions by the Family Specialist we would like to have materials that reinforce learning; workbooks, workshops by community professionals such as nutritionist, materials parents could take home and keep in personal library etc.
  - Sustainability/growth - how to continue funding the Family Support Specialist.
-

**Q11: How did you overcome and/or address the challenges and obstacles?**

Summer camp! We were able to secure a grant to provide a summer program for our children. The grant covered art supplies, field trip fees, books, school supplies, food & drinks, shoes for children, and anything related to the health and education of the children. We were able to accommodate the children in our program 3 days a week for 4 hours a day. On 2 of the days, we completed art projects, played games outside and taught lessons on how to make kinetic sand, for example. We did yoga together as a group with our children and we read stories at the end. One day per week, we had field trips to places that the children would otherwise not be able to go, due to financial restraints. We were also able to provide 2 daily meals on the days of the program. Moms that accessed this program for their children reported more positive behavior from their children, a new interest in yoga and health, and the value of time for themselves and a routine for their children during the summer.

Through generous donations and help from community partners, we have been successful in accessing diapers (Diaper Bank of NM and donations) and food. We are also able to provide bus passes and gas cards to our clients to help with transportation. We have also been able to access car seats for staff to be able to take our clients with babies/toddlers to appointments in our vehicles.

We have new grants that are allowing us to expand housing and clinical support to more clients. There is partial funding for Family Support Specialist roles, though more support is needed to allow that program to keep pace with the organization growth.

---

**Q12: Describe any unintended positive outcomes as a result of the efforts supported by this grant.**

Our ability to go to a local foundation for summer camp funds was significantly supported by being able to demonstrate to them the Family Specialist position was funded and secure.

One of the stressors on children impacted by incarceration and homelessness is a kind of social isolation that comes with the stigma of their family struggles. One outcome of our family programming is building connections and relationships between kids, allowing them to have a community with shared experience which has huge social value.

---

**Q13: Briefly describe the impact this grant has had on the organization and community served.**

The grant and the Family Specialist has allowed Crossroads for Women to engage the entire family unit in supportive services directed at strengthening the role of the parent and ensuring that our clients are receiving and accessing comprehensive support services which foster successful parent child relationships and parenting support. By collaborating closely with the members of the clinical team, the Family Specialist has been a key component of our unique and successful wrap around model of service delivery. As women recover from addiction, learn to manage mental health challenges and break the cycle of homelessness and addiction, their children are included and family units are healing as well.

---

**PAGE 3: Budget**

---

**Q14: Please provide a brief narrative on how the funds were used to fulfill grant objectives.**

Funds were used for the following direct Family Support program expenses:

Mileage \$947.63

Health insurance \$704.96

Workers' Comp insurance \$588.60

Facility rent \$6960.00

Payroll Tax \$1276.10

Salary \$13935.56

Telephone \$323.16

Utilities \$264.00

---

**PAGE 4: Success Stories**

**Q15: Please relate a success story:**

Client/Children Reunification story

This is a story about a woman who started her journey at Maya's place approximately 1 year ago. While at Maya's place she actively worked towards rebuilding her relationship with her 6 children and 1 grandchild. She saw her kids weekly and maintained regular phone contact with them throughout. This client had planned to continue with the current plan in place which was to maintain visitation with her 3 middle children while they resided mainly with their father. She has twin 2-year-old boys that she was planning on residing with, along with their father, when she completed the program. Her oldest daughter lives with her grandparents and her son and always maintained good communication with her mom. This client worked very hard throughout her whole time in the program. She participated regularly in group and individual therapies, meeting regularly with the FS for support with parenting goals and relationship barriers. She also became involved in legislative work being done by Crossroads for Women and Young Women United. She became actively involved in an entrepreneurship initiative while at Maya's place called the TLC project. Through this project, she helped raise money for CLN Kids, along with other women in the program. Just prior to client completing the program at Maya's Place, her family suffered a tremendous and heartbreaking blow. The father of her 3 middle children suffered acute liver failure and died suddenly in July 2015. While in the grieving process herself, client was able to be there as a strong role model for her children. Client continued the program while she and other family cared for her children. The 13 year old was able to process the situation with the FS and all three children had support through the Summer Program at Crossroads. Client was able to graduate from Maya's Place shortly thereafter and apply and be accepted to Crossroads for Women. She was able to confront and process this complete change to her original plans with FS and faced her circumstances with grace and determination. She worked diligently to assist staff at Crossroads to find a home large enough to accommodate her family. The 13-year-old child once remarked to the FS that "I don't care if they have to change schools because we just want to be with our mother again". They were reunited in October 2015 and live together in a three-bedroom home while client continues to participate in the Crossroads program.

**Q16: Please relate a success story here:**

*Respondent skipped this question*

**Q17: Please relate a success story here:**

*Respondent skipped this question*

**PAGE 5: Organizational Information**

**Q18: Which category best describes the organization. Please choose only one.**

Women & Children

**Q19: What is the organization's primary program area of interest?**

Health & Human Services

**Q20: Percentage of clients served through grant in each ethnic group category. Total must equal 100%**

African American	4
Asian/Pacific Islander	0
Caucasian	22
Native American	20
Hispanic Latino	54

**Q21: Approximate percentage of clients served from grant funds in each age category.**

Children Birth-05 years of age	39
Children ages 06-12 years of age	61
Youth ages 13-18	21
Adults	71

S.L. Gimbel Foundation Fund

**Q22: Approximate percentage of clients served with disabilities from grant funds.**

Mentally/Emotionally Disabled	100
-------------------------------	-----

---

**Q23: Approximate percentage of clients served in each economic group.**

At/Below Poverty Level	100
------------------------	-----

---

**Q24: Approximate percentage of clients served from grant funds in each population category.**

*Respondent skipped this question*

---